

What are the functions of the Regional Local Advisory Council?

LACs empower individuals with lived mental health experience and their families to lead toward improvement of the local mental health systems and community services.

LACs offer advice and recommendations on the local mental health system on what is and is not working for the community to their respective County Representatives.

LACs increase the understanding and acceptance of mental health diagnoses, increase awareness of mental health resources and services, and how to access the services.

Region V+ Regional Mental Health Local Advisory Council networks and collaborates with Aitkin, Crow Wing, Morrison, Todd, and Wadena County LACs for event planning, educational opportunities, and technical support.



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Regional LAC

Mental Health Regional
Local Advisory Council

What is a Local Advisory Council?

A Local Advisory Council (LAC) is made up of a diverse group of individuals that are representative of the community they serve.

LACs provide recommendations specific to changes, additions and improvements to the local mental health delivery system impacting individuals with lived mental health experiences, other community members, community partners, and service providers.

Every County in Minnesota is required by law to have a Local Advisory Council.



Region V+ has Local Advisory Councils in Aitkin, Crow Wing, Morrison, Todd, and Wadena Counties. Please refer to the QR code for more information about their meetings.

Regional Local Advisory Council Membership

Regional Local Advisory Council (LAC) is comprised of Aitkin, Crow Wing, Morrison, Todd, and Wadena Counties. Members include the following:

- Individuals with lived mental health experience
- Family members of an adult with lived mental health experience
- Representative of a Community Support Services Program
- Mental Health Professional
- Members of Region V+ Adult Mental Health.

