You are invited ...



## Program to Encourage Active and Rewarding Lives

## IN-PERSON COACH TRAINING

Presented by: Jurnee Bruggenthies, Senior Resource Director, Horizon Health, Inc.

Certified PEARLS Coach Trainer's

Thursday, April 24 8:00 am – 4:30 pm Staples Community Ctr. 425 4<sup>th</sup> St. NE Staples, MN Thursday, May 15 8:00 am - 4:30 pm Sourcewell 202 12th St NE Staples, MN

Thursday, June 12 8:00 am – 4:30 pm Staples Community Ctr. 425 4<sup>th</sup> St. NE

Staples, MN

Fee per participant: None

This training and educational resources are made possible through a Community Impact grant from Sourcewell.

\* Lunch will be provided

The In-Person Coach Training is designed for individuals who are interested in becoming a PEARLS coach. You will obtain all of the tools that will prepare you to meet one-one with older adults to help them build the skills they need to live happier, healthier, and more independent lives.

There are no professional licensing, accreditation, or higher education requirements to become a PEARLS coach. Our goal is to make this program as accessible as possible.

Registration: Email: fia@horizonhealthservices.com or call 320-468-6451 and ask for Jurnee About PEARLS: https://depts.washington.edu/hprc/programs-tools/pearls/pearls-details-faqs/

You will be sent a link to download all class materials prior to coming when you sign up.

