

## **Region V + Adult Mental Health Initiative Stakeholder meeting minutes**

**10:00 AM, Tuesday, June 6<sup>th</sup>, 2023**

This meeting was held hybrid with in-person options at Sourcewell Conference Room 3 and virtual options via Webex.

### **Introductions and updates**

Kate Sullivan, Northern Pines

Kayla Johnson, Northern Pines, Executive Assistant

Kathy Hallbeck, Consumer Representative

Nikki Rikki, Northern Pines Safe Harbor

Duff Craft, Artesian Homes

Brad Vold, Blue Cross Blue Shield

Britne Haasch, Wadena County

Rachel Zetah, Crow Wing County

Tami Lueck, Crow Wing County

Eleanor Burkett, Central MN Council on Aging: June 22<sup>nd</sup> there is in-person event for building coalition for ending isolation and loneliness in Sartell, MN. Eleanor will send flyer to Danielle Wadsworth to share. PEARLS is a program for skills building for anxiety and depression. It is a 1:1 8-week session. The report on aging for 2023 includes stats and expectation for 14 County Region. You can find this on the CMCOA website <https://cmcoa.org>

Leon Flack, UCare

Nancy Euteneuer, Sourcewell, Regional Mental Health Coordinator

Danielle Wadsworth, Sourcewell, AMHI and Region V+ Crisis Services Coordinator

Amy Greenwaldt, Reflections Unit at Lakewood Health Systems

Angela Cekalla, Primary Care

Carrie Burrell, Brainerd HRA

Jeff Bowman, Morrison County

Jode, Wellness in the Woods: Move forward with a 2-year grant for culturally linguist care. Jode would like to have the coordinator leading this work to share with the AMHI. Sober squad had a recovery walk that was successful. Awarded grant from House Senate floor over next 2 years. This will allow VPSN to be all day from 9am -5pm, expand work around re-entry. Annual conference is taking place on Friday, June 29<sup>th</sup> with hybrid options. Flyer will be coming from Danielle Wadsworth.

Kristal Roberts, Primary Care Brainerd VA

Laura Stumvoll, St Cloud VA

Mary Marana, Crisis Line and Referral Service

Roberta Boyer, Reflections Behavioral Health Clinic at Lakewood

Lexi Mayer, Employment Enterprises

Britne Haasch shared additional updates to the stakeholder group.

- Greater State of Mind-Regional Mental Health Coordinator introduction
  - Nancy Euteneuer introduced herself and took a moment to share she will be coordinating efforts in the region for mental health. Keep an eye out for an email to meet with your agency soon.
  - Tami Lueck shared there was additional funding granted to the Region V+ AMHI to pay for a full-time AMHI Coordinator, CMHI, and this role.
- Consumer representative position:

- We have a consumer representative position open on the Region V+ AMHI. Reach out to Danielle Wadsworth if you have an interested candidate for the application and if anyone has questions.
- Application is posted on the AMHI website.
- Interested candidates can feel free to reach out to Kathy Hallbeck
- AMHI Website:
  - There is an addition in the works for the AMHI website with an employment opportunities/job postings page.
  - If you are interested in having your job links included on our website, please send to Danielle Wadsworth.

**Program/service presentations:** Northern Pines Mental Health Center- Urgent Care Facility (Kate Sullivan)

- The urgent care facility is located in Brainerd. If anyone is interested in seeing the facility, reach out to Kate Sullivan at [kate.sullivan@npmhc.com](mailto:kate.sullivan@npmhc.com)
- Open 10am-7pm 7 days/week.
- Serve full life span, not just adults.
- This facility has rapid access to psychiatry, substance use, and mental health services.
- Walk-ins are welcome. No appointments necessary.
- Law Enforcement has been making drop offs to the Facility.
- Staffing includes care Coordinators, practitioners, psychiatric providers, LADC if not in building, available on-call.
- Address of facility is 823 Maple St, Brainerd, MN 56401
  - This location was determined based on this area having the highest number of crisis calls.
- There have been 117 crisis calls between Urgent Care and MCO (29 clients seen at the urgent care facility between May 15 through June 4).
- Now that the urgency care facility has been opened for a few weeks and the flow seems to work nicely, Northern Pines will be sending communication to regional schools and other community partners.
- Present patients with good faith estimate, check insurance right away, meet with a care coordinator. Can be supplemented by AMHI Grant, payment plans.
- Northern Pines Mental Health Center- The Island – Bay Lake Retreat Center (Kayla Johnson)
  - The lodge has 12 rooms.
  - Main room for up to 30 attendees for meetings and trainings
  - Two Breakout rooms
  - Dining Hall fits up to 60 for trainings and meetings.
  - The Bay Lake Retreat Center has been used for: Client Days- school based programs or community-based programs for journaling, nature walks, activities- skills work.
    - ARMHS, ACT, Drop-in Center, Safe Harbor- brought adults out.
  - External Use: National Guard, Wellness Retreats, Snowshoe events (fundraiser for scholarships for kids), BOLD

- 2023 calendar includes: EMDR, TFCBT, Crisis, eating disorder training.

**Upcoming Events/Reminders**

Our regional website is located at [www.region5mentalhealth.com](http://www.region5mentalhealth.com). Please notify Danielle if you have an event you would like added to the event calendar.

===== **Upcoming Meetings:** =====

The next AMHI Region V+ Stakeholder Meeting will be held on Tuesday, August 29, 2023.  
This meeting will be hybrid meeting in-person at Sourcewell or virtually via Webex.