

Region V + Adult Mental Health Initiative Stakeholder Group

10:00 AM, Tuesday, December 6th, 2022

This meeting was held hybrid. Attendees joined virtually via WebEx and in-person at Sourcewell headquarters in Conference Room 3.

Attendee Introductions:

Kathy Hallbeck, Region V+ AMHI Consumer Representative for Aitkin County

Michelle Winter, Northern Pines ACT: Referrals increased recently. No program updates for 2023.

Leon Flack, UCare: Community Outreach Team moving to a Help Promotion Team focusing on social impact challenges in the Region.

Shari Phillips, Imagine Mental Health Counseling: They are doubling their space in Spring of 2023 allowing the start of a DBT group.

Niki Rikki, Safe Harbor: Beds were full over Thanksgiving, but things are slowing down now. Excited for Marketing Coordinator at Northern Pines to bring awareness for Safe Harbor.

Christiann Scofield, Safe Harbor: Excited for Mental Health Center to open in 2023 and see how it coincides with Crisis Response.

Kate Sullivan, Northern Pines: Mental Health Center launching in Spring of 2023. Northern Pines has brought on a new ARMS supervisor. Previous supervisor is now working with the women's shelter and it will be helpful to network with the women's shelter for the Island on Bay Lake.

Jeff Bowman, Morrison County: Staffing changes. Looking forward to filling these rolls in 2023.

<https://www.paycomonline.net/v4/ats/web.php/jobs?clientkey=11DE6D7AD432F77A32A2C4F2968B0A8F>

Kim Larson, Aitkin County: The County is restructuring leading to Rebecca Person joining the group and stepping in for Kim moving forward on the AMHI Executive Committee. Excited to have Sarah Pratt join Aitkin County as Director at the end of the year. Aitkin County is sending out a RFI for a 4 bed foster care setting. Clubhouse has not renewed their contract for 2023. In discussion about sending a RFI out for the Clubhouse as well.

Rebecca Person, Aitkin County: Aitkin County is working to backfill Rebecca's position so Rebecca can fully step into her new role.

<https://aitkincounty.applicantstack.com/x/openings>

Duffy Craft, Artesian Homes: Fully staffed. Really excited for the new space and working toward maintaining the staff in 2023.

Arlene Selander, Nystrom and Associates: Looking forward to new clinics opening.

Carrie Burrell, Brainerd HRA: Waiting lists are still open. Two new employment positions open that can be found on the Brainerd HRA website. Looking forward to new housing opportunities.

<http://brainerdhra.org/employment-opportunities/>

Eleanor Burkett, Central MN Counsel on Aging: Received grants available for caregiver support. On January 11th, 2023, having a virtual forum about alleviating social isolation and loneliness. ACES through Crow Wing Energize, train the trainer on January 25th and 26th, 2023. Eleanor will send flyers to Danielle Wadsworth to share with Stakeholders.

Jode Freyholtz-London, Wellness in the Woods- VPSN: 2023 celebrating 10th anniversary. Have 50 employees that are peers. Working with Region V+ on best use for opioid dollars that have been received. Regional LAC update: working to increase attendance by sending out postcards, welcoming diverse community members, and reviewing the bylaws. Next Meeting January 19th 1-2pm.

Kaytlin Becker and Sera Aker, Nystrom and Associates: Fully staffed. Looking forward to Love and Logic classes.

Kelley Martin, Steps of Strategy: New to the group and provided a brief intro to the work she does in the Region. Kelley is working with some housing in Morrison County focusing on homelessness and Housing Stabilization services. Kelley also has a Room and Board, New Start Housing, in Morrison.

Laura Stumvoll, St. Cloud VA: Working to bring community members together to support Veterans in the Region. On January 9th, 2023, Rivers and Lakes Suicide Coalition is providing a virtual training for individuals regarding what Veterans want you to know.

Mary Marana, Crisis Line and Referral: Numbers are down in phone calls regarding family challenges. In July 2023 will celebrate 35 years. Currently fully staffed with an intern joining in January. Will be starting up North Central NAMI in January 2023.

Nichole Shoultz, Region V+ Consumer Representative for Todd County: Provided housing options for individuals that were homeless in the area.

Shawn Anderson, Lake Country Associates: Hiring new staff in the next few months. Accepting referrals. Do not have any waiting lists. Looking to finish the Menahga Office.

<https://lakecountryassociates.com/career-opportunities/>

Nathan Bertram, Crow Wing County: Staffing changes and opened positions currently. Competency restoration will be helpful going forward. Opportunities for grants coming forward. Lots of moving in the housing area. White Oaks does have openings and are accepting referrals.

<https://www.governmentjobs.com/careers/crowwingmn>

Melissa George-Humphrey, Leech Lake Band of Ojibwe: approval for clinical agreement for master's level intern to join team. Opportunities for 8 master's level clinical trainees in Tribal Nation. This would be a first time this has happened.

Other Business

- Jeff Bowman shared with the Stakeholder Group regarding the primary workgroup collaboration: Increase capacity. There will be sub-categories and workgroups that would be necessary in achieving this primary focus. This work will begin in 2023.

- Greater State of Mind-Regional Mental Health Coordinator update: Danielle Wadsworth shared the Regional Mental Health Coordinator position failed the first round of interviews. The position will be reposted in January 2023.

Upcoming Events/Reminders

- Our regional website is located at www.region5mentalhealth.com. Please notify Danielle if you have an event you would like added to the event calendar.

===== **Upcoming Meetings:** =====

The next AMHI Region 5+ Stakeholder Meeting will be held on Tuesday, March 7th, 2023.
Time and location (in-person or virtual) to be determined.