

Region V+ Adult Mental Health Initiative

9:00 AM, Tuesday, August 1st, 2023

This meeting was held hybrid with in-person attendees at Sourcewell in Conference Room 3 and virtually attendees via Microsoft Teams.

Executive Committee Meeting Minutes

Executive Committee Members Present:

Virtually:

Rachel Zetah	Crow Wing County
Tami Lueck	Crow Wing County
Cody Coyer	Cass County

In person:

Kathy Hallbeck	Consumer Representative, Aitkin County
Britne Haasch	Wadena County
Jeff Bowman	Morrison County
Rebecca Person	Aitkin County

Others Present:

Nancy Euteneuer	Regional Mental Health Coordinator, Sourcewell
Danielle Wadsworth	Region V+ AMHI Coordinator, Sourcewell

Convene: 9:00am

Minutes of 7/11/23: Jeff Bowman makes a motion to approve the meeting minutes from the July 11th Region V+ AMHI Executive Committee Meeting. Rebecca Person seconds the motion. All in favor, none opposed. No further discussion. Motion carried.

9:00 am- Public Comments: None.

Reports

▪ **Fiscal Host Report**

Tami Lueck presented the fiscal host report through June 2023.

- Reminder for Counties to use Employment dollars. We are currently at 5%
- Lutheran Social Service is resubmitting invoices
- Basic living: Nystroms has submitted 1 invoice and will be submitting a second
- Flex Funds: Reminder to Counties to request dollars
- Crisis Line is at 50%
- Refractors: We do have underspending here
- HCBS: dollars for Nancy and Danielle have gone out
 - We would like to pay for ASSIST Training
 - Owls are ready to be purchased

If you are wanting to transition dollars to another brass code, you can submit a request through a request form to Danielle and Tami. We can submit an approval through the Executive Committee.

▪ **FMAP/CSP Grant dollars**

- Tami Lueck explain there are Renovation/Rehabilitation dollars to be spent.

- There is \$40,000 allocated for renovation/rehabilitation
- Originally planned to allocate for Northern Pines Urgent Care Center. They haven't requested dollars yet.
- Other ideas to allocate dollars is the Drop-in Centers and/or Safe Harbor
- We have training dollars that has to be used. The idea is use this for ASSIST Training
 - Rick Jackson is currently the only ASSIST trained individual in the region. Who else should be trained in this?
 - We have 7 slots allocated for this training.
- We could put a workgroup together to push forward this work.
 - Kathy Hallbeck, Danielle Wadsworth, Britne Haasch, Jeff Bowman
- Are we able to allocate dollars to support our Hospitals with Crisis Response
- Could we build up our Drop-in centers and provide support to help them be more successful.
 - Getting Peer Support Specialists could be a solution.
 - Staffing has been difficult to find to support on a daily basis.
 - Clubhouse International Training to help set up club houses. When there is a lack of support or structure, they often fail.
 - This is a 3-day virtual training. Three person minimum and six person maximum. \$1,800 per group.
 - Wellness in the Woods could support and fill one space
 - Northern Pines helps with Todd County and Crow Wing County and could fill two spaces.
 - Oakridge supports and could fill one space.
 - Let's discuss this with our Peer Support workgroup. Danielle will make sure this is added to the agenda.

Other Business:

- **Regional LAC Update**
 - Zoom link has been purchased.
 - Next meeting is taking place September 21st
- **Consumer Representative Update**
 - We have two spots open.
 - An email has been sent to Stakeholders. We will want to have this mentioned at the next Stakeholder Group Meeting.
 - Kathy Hallbeck has an individual interested.
- **Mille Lacs Band of Ojibwe contact**
 - Danielle has reached out to general DHS email to see if they can help.
 - We need to continue to reach out
 - Nancy and Rebecca have reached out with no response.
 - Cultural competency remains a barrier
- **Paper Tigers and Resilience documentary licenses update**
 - Danielle reached out to FamilyWise Services and found out this is not offered for the Region V+ AMHI as it is directed to children and family services.
- **Stakeholder meeting agenda (see attached)**

We are waiting to hear back from Jode Freyholtz-London to present at the next Stakeholder Group Meeting. Once she confirms, Danielle will send the Agenda out to the Stakeholder Group and Executive Committee.

▪ **AMHI Coordinator medical leave**

- Danielle will be out of the office August 10th- September 21st. She has worked closely with Nancy, Mike, and Charitie to make sure the work will be covered. Britne Haasch and Tami Lueck will be providing a lot of support as well.

▪ **Funding available to support provider presence at regional events**

Rick Jackson has been attending events throughout the region to bring awareness and education around crisis services in the Region and different mental health crisis experiences. Can the AMHI support some of the funding it takes to attend these events? Below are some ideas:

- Advertisement of events through media outlets
- Flyer, pamphlets, t-shirts, business card for Northern Pines to hand out and individuals to carry. The business cards could have a QR Code to set up access to our website to access resources in Region V+.
- Four boosts this year with Facebook that we can use throughout the year. We could boost Facebook posts to help with advertisements and share crisis services available in the region.

▪ **MH Federal Block Grant**

DHS applied for additional funding on behalf of all AMHIs. They are awarding just under \$580,000 to each AMHI if they opt-in to use the funds. We need to determine if we can use these funds. The Executive Committee brainstormed ways to use the funds.

- Mitigation Funding
- Client flex Funds: Basic living expenses
 - Utilities
 - Propane
 - Electric
 - Internet
- Med management
- Medication for individuals in jails

▪ Question:

- Are funds retroactive?
 - Danielle heard back from DHS and the dollars cannot be used retroactively.

Tami Lueck makes a motion to opt-in to the Mental Health Federal Block Grant. Jeff Bowman seconds the motion. All in favor. None opposed. No further discussion. Motion carried .

Standing Business:

• **ICTS**

• **Supportive Housing**

Lutheran Social Services termination letter has been sent. They asked if they could reapply for funding dollars. Danielle expressed they could share with us the intent of the dollars.

• **Survey**

Received and entered surveys Kathy Hallbeck submitted after attending event in Aitkin County. Reminder to Counties to share these surveys. We will share this with the Stakeholder group again.

• **CBHH involvement**

• **DHS involvement**

- **Onboarding/orientation packet**

Workgroup Reports:

- **Website & Mental Health Media Campaign-** Danielle, Jeff, Melissa, Kathy, Tami, Rebecca, Kim
Nothing to update at this time.
- **Performance measures/goals-** Tami, Danielle, Rebecca
Collecting Q2 performance measures. Meeting to come after Danielle returns.
- **Transition Specialist-** Kim, Britne, Tami (Mike Willie)
Mike Willie is having a Case Managers meeting in August. It will be a shortened version.
- **Comprehensive Re-entry-** Tami, Jeff, Rachel, Rebecca, Britne
Brought CRE social workers together with Supervisors. Established an ongoing meeting cadence for CRE social workers on a bimonthly basis. Supervisors will be invited December and June each year.
- **Regional Mental Health Coordinator-** Rachel, Rebecca, Kim, Kathy, Britne, Danielle (Nancy Euteneuer)
Nancy has been reaching out to and focusing a lot on the crisis services in the region. Next step is meeting with Case Managers, Law Enforcement, and Hospitals.
- **988 Rollout:** Britne, Rebecca, Cody, Jeff, Kathy, Danielle
We will continue meet as a workgroup and make sure we are addressing crisis provider concerns with the crisis continuum.

Add crisis service information sharing and concern sharing expectations to agenda for the next meeting.

- **Peer Support:** Cody, Kathy, Britne, Tami, Danielle
Workgroup meeting on Monday, August 7th. We will meet with Derek Cobb, new operations manager at Strateligent. Danielle Wadsworth sent email to peer support providers to gain their input to help the workgroup understand barriers and solutions to provide employment opportunities for future and current Certified Peer Support Specialists.
- **Housing Capacity Barriers:** Britne, Rachel, Kathy, Danielle
Workgroup meeting later in the week to establish a questionnaire for reaching out to landlords directly. We need their input to know how to move forward with a solution.

Upcoming Trainings/Events:

Social Security Training- Britne Haasch will help set this up.

Adjourn: Rebecca Person makes a motion to adjourn the meeting at 12:00pm. Jeff Bowman seconds the motion. All in favor, none opposed. No further discussion. Motion carried.

===== **Upcoming Meetings:** =====

The next AMHI Region V+ Executive Committee meeting will be held on Tuesday, August 29th, 2023, from 9:00am-3:00pm.

Currently, all Executive Committee meetings are hybrid. Workgroup meetings will be virtual unless

otherwise noted. Reach out to Danielle Wadsworth (danielle.wadsworth@sourcewell-mn.gov) for the link to connect. ALL meetings are open to the public.