

## **Region V+ Adult Mental Health Initiative**

**9:00 AM, Tuesday, July 11<sup>th</sup>, 2023**

This meeting was held hybrid with virtual options via Microsoft Teams and in-person options at Sourcewell in Conference Room 3.

### **Executive Committee Meeting**

#### **Executive Committee Members Present:**

##### *In-person*

Britne Haasch	Wadena County
Rebecca Person	Aitkin County
Rachel Zetah	Crow Wing County

##### *Virtual*

Melissa George-Humphrey	Leech Lake Band of Ojibwe Tribal Nation
Tami Lueck	Crow Wing County
Kathy Hallbeck	Consumer Representative, Aitkin County

#### **Others Present:**

Danielle Wadsworth	Region V+ AMHI Coordinator, Sourcewell
Nancy Euteneuer	Regional Mental Health Coordinator, Sourcewell

**Convene:** 9:05am

**Minutes of 6/6/23:** Rebecca Person made a motion to approve the meeting minutes from the June 6<sup>th</sup> Region V+ Executive Committee meeting. Rachel Zetah second the motion. All in favor, none opposed. No further discussion. Motion carried.

#### **9:00 am- Public Comments:**

No comments from the public.

#### **Reports**

##### ▪ **Fiscal Host Report**

Tami Lueck presented the Fiscal Host report through June 2023.

- Peer support has been requested from Todd County and Crow Wing County.
- Crisis Stabilization is at 41%
- Lutheran Social Service has not submitted an invoice for this year yet. Tami Lueck has reached out to them. Danielle Wadsworth has responded to emails asking for previous invoice examples.
- ICTS has invoices submitted
  - Danielle Wadsworth will reach out to Nystroms about billing as they have fallen behind.
- CRE dollars have been requested from Morrison, Todd, and Aitkin counties.
- A few dollars have been spent by the AMHI Home and Community Based Services (FMAP) for the prorated rate for the full-time AMHI Coordinator position.

Request Tribal/County request form from Danielle if you need to request dollars or move dollars.

## **10-10:45am Regional Transition Specialist Update- Mike Willie**

Mike Willie joined the Executive Committee and shared on two reports regarding a cost analysis and his regional report.

- Cost report reflects a steady decline in costs over the previous years.
- Experiencing lower number in referrals but maintaining 30-35 range with caseload.
  - Nathan Bertram asked if there has been a change in commitment numbers? Mike has seen a slight decrease in commitments in the last 6 months. He is basing this on the number of individuals in State Hospitals. Not everyone that ends up in a commitment ends up at a hospital. This speaks to the delay in getting individuals into state hospitals. He wonders if there is an overarching theme with working through a State Hospital commitment is too difficult to move forward. This is something to reflect on as we move forward with data. Has anyone else experienced this?
    - Crow wing County was up this month. However, noticing a lot of individuals returning to the community or provisional discharge.
    - Wadena County seems to be screening the same as years prior.
    - Mike includes stays on the committed individuals track numbers. The Executive Committee agreed that we need to continue tracking this way as the individual has been referred to Mike.
    - Mike shared generally commitments increase in the Fall.
  - Has there been consideration of impact of the Pandemic considered with the numbers recorded? Is there a correlation?
    - Let's be mindful of this when we look at performance and responsiveness and the wellness of our communities.
    - Mike hasn't noticed anything has changed or improved post pandemic. This is including response rates, and the services accessible to our community. Pre- pandemic these services were stretched so thin and post- pandemic with the awareness increasing we are still stretched thin if not even more so now. The need is increasing, and we are losing providers.
    - Leech Lake Band of Ojibwe Tribal Nation has noticed an increase in self-referrals.
  - AMH Case Manger meeting is in August focusing on process sharing and relationship building. No speaker in August with a panel joining the October Meeting including Britne Haasch, Kathy Hallbeck, and Jeff Bowman to talk about the length of time an individual is on case management.

## **Other Business:**

- **Regional LAC Update**
  - Continuity and consistency with Danielle Wadsworth joining the Regional LAC to assist with administrative duties will help the Regional LAC members to focus more on goal setting and more attendees.
  - **LAC Meeting Dates and times and contacts?**
    - Regional LAC, Wadena LAC, and Morrison LAC updates have been provided.
    - Aitkin LAC, Crow Wing County LAC- Childrens and adults LAC combining. More information to follow.
- **Consumer Representative Application Update**
  - Two positions open currently.
  - Kathy Hallbeck has a connection with an individual that has shown interest and will follow up with them.
  - If anyone has questions or needs more information, please reach out to Danielle.

- Danielle will resend a communication out with the website link to our stakeholders.
- **Mille Lacs Band of Ojibwe contact**
  - DHS General email is a helpful place to start.
  - Rivers and Lakes Suicide Prevention Coalition has an attendee from Mille Lacs Band of Ojibwe. Monte Frank MLTPD-we may be able to get his contact information from DHS tribal nation email. Sam Mousse- Fond du Lac Tribal Nation executive director role, might be a good person to reach out to. Richard Colsen- Behavioral Health Director at Mille Lacs Band of Ojibwe would be a helpful place to start as well.
  - Reports made from Mille Lacs Band of Ojibwe attendee at the Rivers and Lakes Suicide Prevention coalition included:
    - Cultural competency has been a barrier.
    - Mille Lacs Band of Ojibwe Tribal Nation is building a stronger department in Behavioral Health.
    - Recommendation to advertise 988 alongside 911 on their emergency vehicles.
- **Brainerd HRA Bridges agreement**
  - The agreement was signed with the understanding that we need to work together to be more proactive in the future to prevent tight turnarounds and the possibility of Brainerd HRA losing out on funding opportunities.
- **Peer support email communication**

Danielle Wadsworth will send, with an okay from the Executive Committee, an email to providers that support Peer work in their agency. The committee suggested to reach out to these agencies as well:

  - Diversion Solutions
  - Lighthouse Beginnings
  - COPE, Luke Gould [luke.gould@mncope.org](mailto:luke.gould@mncope.org)
  - MN Prevention & Recovery Alliance (MNPRA) <https://mnpra.org/training-events/>
- **Paper Tigers and Resilience documentary licenses**
  - Kathy has heard positive feedback on these films. It might be a good idea for the Regional LAC to have a community event to show the films.
  - The Executive Committee decided to table this discussion for next meeting. There is some information we would like to collect prior to making a decision:
    - Cost
    - Age range for the viewing
    - Who would be responsible to field questions or discussion for the questions?
 

Some suggestions include:

      - Mental Health Professionals or crisis service providers
      - 988 workgroup will bring this to their next meeting to determine interest in supporting a discussion with this film
- **Law enforcement culture-Little Falls**

Kathy Hallbeck had a candid conversation with an off-duty law enforcement officer regarding culture in police departments. The officer was wondering if they can get a dedicated mental health resource outside EAP with experience working with law enforcement to support them in difficult situations.

Crow Wing County works with Marie Ridgeway and does the co-responder training and work with area police departments and sheriff departments. There was a lot of great

feedback. Her program does a concierge service. (Police officers can call her if they need anything). It was recommended for the agency to go to the County health and human services director to see if there is an offering like this in Morrison County.

▪ **Individuals left behind from Suicide**

- AMHI website doesn't call out services for individuals left behind from suicide. Mary Marana with Crisis Line and MCO would be a great resource. We will bring this forward to the 988 workgroup meeting to determine how to advertise this on the website.

▪ **Support NAMI with the work they do:**

- There are a few individuals showing interest in this discussion, but it hasn't flourished to further action. These individuals need to find the right people to form the Board to better understand the support NAMI provide. NAMI support used to be a regional support.
- Let's invite Mary Marana and Tami Lueck to work together to brainstorm how to get more involved with this work. This will be a good conversation to bring forward to our Stakeholder Group meeting.

**Standing Business:**

- **ICTS:** ARHMS Rate has changed. Table this until we know when this is effective so we can make changes to the contract. The increase is 3% for outpatient mental health care. Our Providers might have a better understanding of the timeline.
- **Supportive Housing:**
- **Survey**  
Kathy received paper surveys that will be submitted to Danielle.
- **CBHH involvement**
- **DHS involvement**
- **Onboarding/orientation packet**

**Workgroup Reports:**

- **Website & Mental Health Media Campaign-** Danielle, Jeff, Melissa, Kathy, Tami, Rebecca, Kim  
There has been some reorganizing and restructuring at Strateligent and Heidi Lake has left. Aaron Hautala has introduced Derek Cobb as the direct report for new projects. They would like to meet with us regarding the Peer Support and Job posting webpages in August.  
  
We will continue to bring up at the Stakeholder Meeting request for their job postings.
- **Performance measures/goals-** Tami, Danielle, Rebecca  
Deadline is approaching for 2<sup>nd</sup> quarter measures. Once gathered, Danielle will work to pull this workgroup together to review.
- **Transition Specialist-** Kim, Britne, Tami (Mike Willie)  
No further updates.

- **Comprehensive Re-entry-** Tami, Jeff, Rachel, Rebecca, Britne  
Danielle Wadsworth will pull this workgroup together along with the CRE social workers. The intention of this meeting is to support our CRE workers in connecting with each other with all the transitions. establish a quarterly meeting cadence, and revisit how everyone is doing the work, and determine how to have state representation. A lunch meeting at Sourcewell with a 2-hour meeting to follow.

The Executive Committee determined having the location of the meeting in a central location has been more helpful and can be reconfirmed by CRE social workers at the meeting.

Danielle Wadsworth will support initially and once the workgroup has been re-established, we will revisit the need for coordinator involvement. The idea is to have the CRE social workers facilitate and coordinate the meetings and supervisors along with coordinator will meet bi-annually.

- **Regional Mental Health Coordinator-** Rachel, Rebecca, Kim, Kathy, Britne, Danielle (Nancy Euteneuer)

Nancy Euteneuer reported on her update for the Executive Committee. The workgroup decided to receive an email update from Nancy due to the meeting falling on Juneteenth. Since then, Nancy has heard from both Laura Vaughn and Rick Jackson to set up a meeting. She met with Mary Marana and Kate Sullivan. The overarching theme she is recognizing is Providers being confused where to send people for crisis services. Nancy will be working with Sourcewell's Marketing department to put together a communication separately for providers and consumers to use as a quick reference when determining which crisis service fits their need in that moment.

Another common theme is relationship rebuilding amongst different agencies.

Nancy has been asked to work through the legislation updates and put together a summary for Health and Human Service Directors.

- **988 Rollout:** Britne, Rebecca, Cody, Jeff, Kathy, Danielle  
Danielle shared there was an incident outside of Minnesota reported to the 988 workgroup. The workgroup met with Cre at First Call to better understand the processes and procedures in place if a similar event occurred at their call center.

The workgroup learned the many differences between State statues and laws that establish different processes when answering 988 calls and the procedures that are required are hard to compare instances from outside MN.

- **Peer Support:** Cody, Kathy, Britne, Tami, Danielle  
No further updates.

- **Housing Capacity Barriers:** Britne, Rachel, Kathy, Danielle  
The workgroup has been challenged with getting landlords at the table. Rachel Zetah suggested reaching out to landlords individually to have one-on-one calls instead of meeting as a group. This workgroup decided to pull this group together to establish a script and list of questions for everyone to make sure we are getting consistent information.

Neighbor to Love Coalition might be a good resource. The workgroup determined this would be a great resource to pull in the future. Neighbor to Love Coalition is looking to open their first housing in August.

Danielle will invite the workgroup, Lutheran Social Service, and MAHUBE-OTWA to this next meeting. First step is gathering information from current landlords and their barriers and then advertising to new landlords in the Region granting them this incentive.

**Upcoming Trainings/Events:**

**Adjourn:** Rebecca Person makes a motion to adjourn the meeting at 12:10pm. Tami Lueck seconded the motion. All in favor, none opposed. No further discussion. Motion carried.

===== **Upcoming Meetings:**=====

The next AMHI Region V+ Executive Committee meeting will be held on Tuesday, August 1<sup>st</sup>, 2023, from 9:00am-3:00pm.

===== **AGENDA and Meeting Location**=====

To add an item to the agenda or to address the committee during the discussion of an agenda item, please make prior arrangements with the Chair or Coordinator. The Public is invited to participate in the "Public Comment section" of the meeting.

-----

Currently, all Executive Committee meetings are hybrid. Workgroup meetings will be virtual unless otherwise noted. Reach out to Danielle Wadsworth ([danielle.wadsworth@sourcewell-mn.gov](mailto:danielle.wadsworth@sourcewell-mn.gov)) for the link to connect. ALL meetings are open to the public.