

## **Region V+ Adult Mental Health Initiative**

**9:00 AM, Tuesday, May 2<sup>nd</sup>, 2023**

This meeting was held hybrid.

### **Executive Committee Meeting**

#### **Executive Committee Members Present:**

Kathy Hallbeck	Consumer Representative, Aitkin
Britne Haasch	Wadena County
Rebecca Person	Aitkin County
Jeff Bowman	Morrison County
Nathan Bertram	Crow Wing County
Michael Steinbeisser	Todd County
Tami Lueck	Crow Wing County

#### **Others Present:**

Danielle Wadsworth	AMHI Coordinator, Sourcewell
Nancy Euteneuer	Sourcewell, Mental Health Coordinator

**Convene:** 9:00am

**Minutes of 4/4/23:** Jeff Bowman made a motion to approve the meeting minutes from the April 4<sup>th</sup> Region V+ AMHI Executive Committee Meeting. Rebecca Person seconds the motion. No further discussion. All in favor, none opposed. Motion carried.

**9:00 am- Public Comments:** None

#### **Reports**

##### **Fiscal Host Report**

- Peer Support: Crow Wing and Todd Counties have requested their dollars
- Adult Crisis Stabilization: Northern Pines Safe Harbor is high. We will keep our eyes on this.
- Employment: None of been used. A reminder to request your allocated dollars.
- Lutheran Social Service: Needs to request their housing dollars
- CRE: Crow Wing and Todd Counties have requested their dollars
- Home and Community Base Dollars: This is new and has been allocated for AMHI Coordinator FTE, Mental Health Coordinator, Owls, and trainings. Fiscal host will order and then distribute Owls to Counties and Tribal Nations. We are able to carry these dollars to year two (2024).

We will be doing a desk audit for Crisis Services for Northern Pines. DHS is requiring this to be completed in June.

Lutheran Social Service: With the report to implement housing stabilization in the next two years, we need to adjust the dollars allocated moving forward. A notice will be sent to them prior to July 1<sup>st</sup>, 2023. This will be added to the Board of Directors Meeting on June 6<sup>th</sup>.

#### **9:15am-9:45am RTCC Update- Melanie Erickson**

Melanie Erickson joined the meeting as the County liaison for RTCC. She reported RTCC completed phase 4 of their plan in 2022. There has been a transition in leadership and not much movement since. Below are barriers RTCC has noticed:

- Recruit and retain volunteer drivers
- Finding organizations that can support and do their own trainings

Creative ideas and potential solutions include:

- Model a Lyft/Uber model
- Agency purchase vehicles for volunteers to use so volunteers don't have to rely on using their own personal vehicles.
- Trying to get a transit directory- one stop shop for folks to call
- Trying to expand bus services and offer for free

AMHI Executive Committee is open to partake in these collaborative discussion. Melanie Erickson is happy to relay this to the RTCC Board.

### **10:00am-10:45am New Leaf: Cre Larson**

Cre Larson joined the meeting and reported the below items regarding New Leaf.

- Goals currently working on for the initiative;
  - Just received dual licensure (RSC for 10 days) & IRTS for up to 90 days
  - Provide services to keep people community based and out of the hospital
- Visions for the future year/ 5 years;
  - Sustain the programming. New Leaf will continue to be a 6 bed facility to maintain the feeling of a home.
  - Mirror this same idea with an adolescent home
- Things that have gone well;
  - Right people doing the work
  - Work closely with Leech Lake Band of Ojibwe to better understand their culture and embed into New Leaf's programming
  - Working with community partners- master gardeners that work with New Leaf residents
- Challenges/ struggles;
  - Staffing- this has caused New Leaf to have to cap out at a fewer amount of residents due to staffing shortage. To help solve for this, they have contracted with individuals externally to help with programming.
  - Underinsured/uninsured clients. They do contract for these individuals, receive grants, and offer charity care to support 50% of their cost. That isn't always enough.
- What AMHI could do to further support you
  - Support with a care plan when referring individuals underinsured or uninsured
  - Sharing new models with New Leaf to support continued improvement efforts to provide residents with a better outcome.

### **11:00am-12:00pm Lutheran Social Service of MN: Amy Tudor**

Amy Tudor joined the meeting virtually and shared the below updated on White Oaks and Hope Housing.

- How to leverage AMHI funds;
  - There haven't been invoices sent for White Oaks yet. The Executive Committee wanted to make sure Amy knew how to leverage the funding allocated for this facility. They explained the funding is for supporting this project with staffing and material expenses for resident activities.
- Goals currently working on for the initiative;
  - Hire for a 2<sup>nd</sup> case manager at White Oaks that can work evening hours
  - Hire a Peer Support specialist at White Oaks
  - Working how to get individuals to attend tenant meetings and engage individuals on a more regular basis
  - See what resident interests are for programming classes

- Work with case coordination with Counties
- Visions for the future year/ 5 years;
  - Build healthy communities including physical, emotional, and mental. Amy Tudor hopes to see White Oaks as a resource to support this.
  - Empower tenants through strength-based work.
  - Implement wrap around supports
  - Implement housing stabilization services in the Region V+ area
- Challenges/ struggles;
  - Denials:
    - primarily individuals with a criminal background
    - Individuals do not want to live in that area
    - Do not want to live off \$120 allocated
- What AMHI could do to further support
  - Amy Tudor will reach out to Danielle Wadsworth with additional questions.

**12:30pm-1:15pm Nystrom and Associates: Sera Aker, Laura Novitsky, and Kaytlin Becker**

Sera, Laura, and Kaytlin joined the meeting to share updates on their ICTS program.

- Goals currently working on for the initiative;
  - Finding and retaining staff
  - Maintaining a list of case manager contacts for each county
  - Improving technology for remote staff
- Visions for the future year/ 5 years;
  - Rate increase. To help solve for this, Nystroms contacted legislature to advocate for a rate increase. Working with a lobbyist and senator to get the bridge rate increase to pass. This would help with the build out of services and retaining staff and growing their knowledge.
  - Increase care team collaboration
- Things that have gone well;
  - Adjusted workflow to speed up the release of records for ICTS clients.
- Challenges/ struggles;
  - IT and phone service
  - DHS is no longer funding phone appointments beginning July 1<sup>st</sup>, 2023
  - Emergency order ending
  - Program's mileage reimbursement rate is lower than the IRS mileage rate
  - Clients in the jails are expected to pay for their medication and Nystroms has notice this burden can have a cyclical effect if clients can't get medication.
  - Retaining Peers
- What AMHI could do to further support you
  - Continue holding these meetings to really understand what is going on
  - Continue to evaluate the services they provide along with the rate
  - Work with our legislators to increase rate

**1:15pm- 2:00pm Lake Country Associates: Shawn Anderson**

Shawn Anderson joined the meeting to provide an update on Lake Country Associates ICTS program.

- Goals currently working on for the initiative;
  - Growing services in Menahga, MN with an expansion opportunity for staff and the building
  - Expand the ARHMS program to Sebeka, MN
- Things that have gone well;
  - The physical location in Northern Wadena County has made the services easier to access for clients.

- Challenges/ struggles;
  - Rates have been stable for 8 years and doesn't allow for program growth and the ability to retain staff
  - Retaining staff has been a barrier and has caused for there to be a waiting list
  - Treatment Director for SUD program has moved. Lake Country and Associates had to lapse the license for this service.
- What AMHI could do to further support you
  - Share with individuals at the State level the need for a rate increase
  - Mini Grant offerings are so helpful and beneficial for the community. Please continue offering these.

### **2:00pm- 2:45pm Crisis Line and Referral: Mary Marana**

Mary Marana joined the meeting present updates on the Crisis Line and Referral Service.

- Goals currently working on for the initiative;
  - Make sure the crisis line is operational 24/7
  - Staffing and funding to make this happen
- Visions for the future year/ 5 years;
  - Making sure we continue to leverage the Crisis Line and the Warmline alongside the 988 suicide prevention line.
- Challenges/ struggles;
  - How do we alleviate the confusion about who to call? With the Warmline, Crisis Line, and 988, will it confuse people instead of help them? How will we continue to share the Crisis Line and Referral.
- What AMHI could do to further support you?
  - The financial support is helpful especially with the mini grants

### **Other Business:**

- **Regional LAC Update:** May 25<sup>th</sup> event. Will be doing a panel with Rick Jackson, Mary Marana, the ride along program, WITW warmline, and 988 Suicide Prevention Line.
  - Survey Clarification: Drill down to the specifics of crisis services in Region V+
    - What is the service and who to contact will be in the panel discussion
      - Northern Pines Urgent Care Facility
    - Survey question: Consumer experience utilizing the service
      - Kathy Hallbeck will help put this together

- **Consumer Representative Application Update**

Danielle Wadsworth will add a question to the Consumer Representative Application and share with the Executive Committee before resending it to Region V+.

Question: Please explain your experience/knowledge with mental health services in Region V+

- **Mille Lacs Band of Ojibwe contact**

Jode Freyholtz- London has a connection. Danielle Wadsworth will reach out to Jode.

- **Sourcewell Impact Funding**

Application for grant has been submitted. Sourcewell's advisory committee will be meeting soon and dollars have to be distributed prior to July 1, 2023.

- **Region V+ AMHI 5 year goals**

Will initiate this discussion at the June 6<sup>th</sup> meeting with the Board of Directors.

- **Region V+ AMHI Bylaws Review**

Executive Committee reviewed the bylaws prior to this meeting and presented the following recommendations:

- Consumer Representative: There isn't a defined list of requirements for the consumer representative on the Region V+ AMHI
- Contract portion: include virtual options
- We will add this to the Semi-Annual Board of Directors Meeting on June 6<sup>th</sup>.

- **Safe Harbor Room and Board:** Northern Pines Safe Harbor is requesting uncompensated dollars for Room and Board.

AMHI Executive Committee is requesting a report that includes eligibility for beds for crisis support, and what and who are they not getting compensation for. This will help determine the amount that needs to be provided along with direction on how to move forward.

- **CRE Monthly Data invite**

Invite has been coming from Nathan Bertram. Moving forward it will be sent from Patrick Lyke. There will be a new invite coming.

- **Region V+ AMHI Stakeholder Meeting Agenda**

Nothing further to add outside of clarification on provider presentations. Below are details outlined by the Executive Committee.

- Provider presentation: 20-30 minutes
  - Tell us about the program
  - Tell us how you work collaboratively with other providers in the region
  - Tell us how you work with the regional need. How are you solving for areas of difficulty.
  - Northern Pines specific- MCO and Urgent Care Facility and how it will evolve
  - Remind them they are presenting to other stakeholders and have them as a way to leverage their ideas and services.
- Continue to ask to see if we have volunteers for provider presentations. We can ask if there isn't anyone volunteering one month prior. We could also do a panel with providers that have a similar service.

- **Region V+ AMHI Board of Directors Meeting Agenda**

Danielle Wadsworth and Tami Lueck will work to put together an informational handout to work off to help in facilitating a discussion around the 3-5 year goal/plan for the Region V+ AMHI.

Add Crisis Services RFP to agenda.

- **Region V+ AMHI Policy Review**

Danielle Wadsworth will send these policies out to the Executive Committee. We will need to make sure we have policies that meet our grant requirements. The Executive Committee will review before the next Region V+ AMHI Meeting.

- **ICTS Rates**

There has been a common theme and need to increase ICTS rates and mileage reimbursement. Tami Lueck will email Northern Pines, Nystroms, and Lake Country to inquire how many units they used in 2022.

▪ **Crisis Grant Committee Meeting:**

Danielle Wadsworth will be sending out a meeting availability request to meet as a group to review 2<sup>nd</sup> quarter performance measures.

**Standing Business:**

• **ICTS**

• **Supportive Housing**

• **Survey:**

Danielle Wadsworth is working with Strateligent to have the survey posted on the Region V+ AMHI website.

**Workgroup Reports:**

- **Website & Mental Health Media Campaign-** Danielle, Jeff, Melissa, Kathy, Tami, Rebecca, Michael

Danielle Wadsworth will check the AMHI Executive Committee Meeting information on the website to make sure there is information around our meetings and how to attend for individuals from the public to attend. Region V+ AMHI must follow open meeting law requirements.

Danielle Wadsworth has requested training on how to update pages on the website to include the AMHI Consumer and Provider survey along with the Consumer Representative application. She will let the Executive Committee know cost before moving forward.

May is mental health awareness month. With the flood of resources pushing information right now can be overwhelming. The AMHI Executive Committee is holding off until their Fall/Holiday timeframe to do a campaign.

- **Performance measures/goals-** Tami, Danielle, Rebecca

This workgroup will meet with Provider supports to help determine the ease of altering these reports for 2024 to help us with Power BI.

- **Transition Specialist-** Michael, Britne, Tami

Established Performance Measure goals for this role that will be reported on a quarterly basis.

- **Comprehensive Re-entry-** Tami, Jeff, Nathan, Rebecca, Britne

Will hold this workgroup until we learn more legislatively.  
Last regional meeting took place in April.

- **Regional Mental Health Coordinator-** Nathan, Rebecca, Michael, Kathy, Britne, Danielle, Nancy

This workgroup will serve as the Mental Health Coordinator workgroup. They met with Nancy Erteneuer to talk through goals that have been established.

Danielle Wadsworth will set up AMHI Dropbox access for Nancy to look at performance measure and data.

The workgroup will meet monthly. Danielle Wadsworth will double check this meeting cadence has been sent to the workgroup.

- **988 Rollout:** Britne, Rebecca, Cody, Jeff, Kathy, Danielle  
The workgroup had full attendance from crisis service providers. Overall collaboration went very well. The workgroup provided input on upcoming Regional LAC event on May 25<sup>th</sup>. They will continue to work through the Project Charter.
- **Peer Support:** Cody, Nichole, Kathy, Britne, Tami, Danielle  
Kathy Hallbeck shared Peer experience with online trainings and it was very positive and beneficial. If we move forward with an online option, we will want to make sure laptops and wifi are accessible for interested Peers.

Counties will work through providing an option and opportunity for this.

- **Housing Capacity Barriers:** Britne, Nathan, Kathy, Danielle  
May 31<sup>st</sup>, June 1<sup>st</sup>, and June 7<sup>th</sup> are potential dates that will work for providers to meet. Danielle Wadsworth will reach out to Rachel Zetah and send a meeting invite out as soon as she hears back.

**Upcoming Trainings/Events:**

**Adjourn:** 3:00pm

===== **Upcoming Meetings:** =====

The next AMHI Region V+ Executive Committee meeting will be held on Tuesday, June 6<sup>th</sup>, 2023, from 9:00am-3:00pm.

===== **AGENDA and Meeting Location** =====

To add an item to the agenda or to address the committee during the discussion of an agenda item, please make prior arrangements with the Chair or Coordinator. The Public is invited to participate in the "Public Comment section" of the meeting.

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Currently, all Executive Committee meetings are hybrid. Workgroup meetings will be virtual unless otherwise noted. Reach out to Danielle Wadsworth ([danielle.wadsworth@sourcewell-mn.gov](mailto:danielle.wadsworth@sourcewell-mn.gov)) for the link to connect. ALL meetings are open to the public.