

Region V+ Adult Mental Health Initiative
9:00 AM, Tuesday, April 4th, 2023

This meeting was held virtual via Microsoft Teams.

Executive Committee Meeting

Executive Committee Members Present:

Britne Haasch	Wadena County
Jeff Bowman	Morrison County
Nathan Bertram	Crow Wing County
Tami Lueck	Crow Wing County
Rebecca Person	Aitkin County
Michael Steinbeisser	Todd County
Kathy Hallbeck	Consumer Representative- Aitkin County
Nichole Shoultz	Consumer Representative- Todd County

Others Present:

Danielle Wadsworth AMHI Coordinator, Sourcewell

Convene: 9:00am

Minutes of 3/7/23 and 2/7/23: Nathan Bertram makes a motion to approve meeting minutes from March 7th, 2023, Region V+ AMHI Executive Committee Meeting. Rebecca Person seconds the motion. No further discussion. All in favor. None opposed. Motion carried.

9:00 am- Public Comments: None

Reports

- **Fiscal Host Report** – Tami Lueck presented the fiscal host report
 - Reminder to Counties and Tribal Nations to request their allotted dollars including CRE funds.
 - ACT has their first quarter submitted. We will have a discussion with Northern Pines on the intent of ACT dollars.
 - LSS hasn't submitted invoice yet. We will address this with them at the May 2nd Meeting.
 - Lake Country Associates has submitted their first quarter invoice.

Tami reminded us of the use for additional grant dollars: dollars for ASIST training, Drop-in centers, Full-time AMHI Coordinator, pro-rated Regional Mental Health Coordinator position.

Regional LAC is requesting \$1,000 to have t-shirts made for recovery walk attendees. That would expend their total allotment for 2023. Melissa George-Humphrey shared her insight on LLBO involvement with this event. Jode Freyholtz-London shared they anticipate 150 attendees with a total expense of \$4,000. This ask is outside the \$1,000 from the current allocated funds. Danielle Wadsworth will reach out to Michele Pirprude to see if Cass County has intent of supporting this event.

Tami Lueck provided an update on the crisis services grant: \$57,000 has been approved for additional funding allocated for crisis services. The intent is to utilize these funds for communication and work with Strateligent for our website, Facebook page, and ads. These

dollars are available through March of 2024.

10:00am-10:45am Regional Transition Specialist Update- Mike Willie

Mike Willie joined us for a Regional Transition Specialist update. There has been an addition in DNMC days for Crow Wing County under 2022. The challenge faced with this individual is financial. Executive Committee provided support and suggestions on how to work through this challenge.

Mike shared there has been an uptick in referrals this last month with individuals in state hospitals and community hospitals.

AMH Case Manager Meeting update: Northern Pines attended last quarter to present on TCM. There was a great discussion and ideas shared across all Counties resulting in a great collaborative discussion.

Mike Willie is looking to establish a panel for an upcoming quarterly meeting. He asked for volunteers to attend. See below.

- Kathy Hallbeck
- Jeff Bowman
- Britne Haasch
- Waiver case manager

Mike suggested a more frequent meeting cadence. The Executive Committee liked the idea of having more meetings to continue to build comradery. Mike will present this to Case Managers at the next meeting.

11:00am-11:45am Wellness in the Woods-VPSN: Jode Freyholtz-London

Jode Freyholtz-London joined the Executive Committee to share the below updates.

- Goals you are working on for the initiative;
 - Wellness in the Woods (WITW) held a strategic planning session. It was determined the main focus will be involving diverse communities. WITW will be intentional with involvement with Leech Lake and Mille Lacs Band of Ojibwe Tribal Nations to obtain this goal. WITW would like to provide more opportunities for Peers to earn CEUs.
 - Aitkin, Crow Wing, and soon to be Todd County are involving Peer Support in their jails. The focus for this initiative is rural MN at this time
- Your visions for the future year/ 5 years;
 - Cross-training team members to establish a succession plan.
 - Continue the work with getting Peers involved in Counties.
- Things that have gone well;
 - Retention rate has been at 95%. We have individuals wanting to work with WITW.
 - Working with Sober Squad for an event in May
 - Hit a record attendance record last month
- Challenges/ struggles;
 - Working with Legislature to gain their understanding and awareness of what is needed in Mental Health and Peer Supports in rural MN.
 - Peer supports in ED. Hospitals are not open to having these discussions. HCMC has been doing this. Kathy Hallbeck mentioned Essentia may be open to this as they have one in their focus area.
- What we could do to further support you
 - Utilize Jode as a resource in initiatives we are working toward
 - Attend May 5th Gala
 -

Other Business:

- **2023 Contract status**

Nystrom and Associates is still pending. The authorized signer has left Nystroms, and Danielle Wadsworth has been in contact with the new individual in charge. Danielle is waiting for a signature and will pass along to the AMHI Executive Committee Chair and Fiscal Host for signature once completed.

- **Initiative Foundation & R5DC: Regional Transportation Coordination Council (RTCC)**

Danielle Wadsworth did not have luck receiving feedback from RTCC.

Jeff Bowman will reach out to Melanie Erickson to see if she can provide information and an update at the May 2nd Meeting.

- **Regional LAC Update**

Kathy Hallbeck provided an update on Regional LAC.

May 25th 10am-2pm event being hosting at Brainerd Arboretum. The event will be hybrid with virtual options via Zoom. There is an hour of time allocated for a panel discussion with our crisis service resources.

The 988 workgroup is meeting Monday, April 24th. We will request attendance from representatives and a list of topics to help prepare for this panel.

- **Consumer Representative Application Update**

We do not have any applications yet. Danielle Wadsworth will resend an email reminder to Stakeholder and Board of Directors. Danielle will also work to have this shared on the Region V+ AMHI website.

What are our parameters around consumer representatives living in our Region V+ or utilizing services in Region V+? The Executive Committee decided to review bylaws at the May 2nd meeting and propose changes to the Board at the June 6th Board Meeting. We can address the parameters around our Consumer Representatives at that time.

Wellness in the Woods-VPSN: Kathy has a presentation on AMHIs in the state and is needing some contacts and possibly someone from the State would be helpful. Let's see if we could have a State rep join an upcoming AMHI meeting along with provide support for Kathy Hallbeck. Danielle Wadsworth will work to connect Kathy and the DHS representative for all AMHIs in Minnesota.

- **Mille Lacs Band of Ojibwe contact**

Danielle Wadsworth has been in contact with Dustin Goslin and will continue working with him to have a representative from Mille Lacs Band of Ojibwe Tribal Nation join our Executive Committee.

- **Sourcewell Impact Funding**

Application is in the works and is moving forward. The deadline is April 26th.

- **Region V+ AMHI 5 and 10 year goals**

Have County Directors meet with Executive Committee in late Summer or early Fall to brainstorm these 5-10 year goals for the Region V+ AMHI.

Work with Jeff Bowman and Katie Knettel for Morrison County availability.

- **Meetings with contracted providers update**
Waiting to hear back from Northern Pines. Danielle will continue reaching out to Northern Pines to find a time that works to meet with the Region V+ AMHI Executive Committee.
- **Mental Health Coordinator Meeting**
Advisory Committee will meet with Nancy Euteneuer on Monday, April 17th at 11am. The below topics will be discussed:
 - Objective/goals for the first year of work
 - Who Nancy should meet in the first three months (contact info and guidance)
 - Regional LAC Meeting on June 22nd 1-2pm
 - How work should be prioritized and managed

Standing Business:

- **ICTS**
- **Supportive Housing**
White oaks has openings and is looking for referrals. Referrals are not needing to be on the homeless registry list to be approved.
- **Survey**
Danielle Wadsworth will get the survey link on the website. Counties were asked to share the survey on their website. Danielle Wadsworth will let the Executive Committee know when this is done.

Workgroup Reports:

- **Website & Mental Health Media Campaign-** Danielle, Jeff, Melissa, Kathy, Tami, Rebecca, Michael
Strateligent has the capacity to build a Peer Support page. Heidi Lake sent a list of questions, and the Peer Support workgroup will work to answer these. Peer Support workgroup will bring updates to this workgroup to keep them in the loop.

Reminder to send Chemical Dependency resources to Danielle to have included on our website.

Resourceful is a great resource we will want to consider to include on the website. Check the State CD treatment program website as well.

- **Performance measures/goals-** Tami, Danielle, Rebecca
Danielle Wadsworth will pull this workgroup together to establish measures that will work with Power BI.

Regional Transition Specialist Performance Measures- Mike Willie had a question about the customer survey. Should the survey be directed to consumers or partners he's working with or both? Executive Committee determined the feedback should be the case managers, hospitals, CBHH.

- **Transition Specialist-** Michael, Britne, Tami
No further updates.

- **Comprehensive Re-entry-** Tami, Jeff, Nathan, Rebecca, Britne
Keep an eye on discharge planning being passed by legislation. This could coincide with the work we are currently doing with the CRE program.

- **Acute Care and IRTS Services/Inpatient Capacity Building & Hospital Collaboration-** Nathan, Rebecca, Michael, Kathy, Britne, Danielle
Virtually meeting with Nancy on April 17th at 11am. Will want to establish a meeting cadence to remain consistent.
- **988 Rollout:** Britne, Rebecca, Jeff, Kathy, Danielle
Be sure to send suggested updates for the Project Charter to Danielle Wadsworth. Destiny Brown may have some input we could leverage her to provide. We could also reach out to Kim Reich who provides the reports to us.
- **Peer Support:** Cody, Nichole, Kathy, Britne, Tami, Danielle
Danielle Wadsworth will invite Heidi Lake to next meeting to work through questions from Strateligent.

Workgroup met with DHS and RI International to learn about training opportunities. The workgroup decided to wait till the end of this calendar year to determine the amount of dollars allocated for the future of trainings. Danielle will have this added to the next meeting agenda.

- **Housing Capacity Barriers:** Britne, Nathan, Danielle, Kathy
Danielle Wadsworth is continuing to work with agencies to gain availability for a collaborative meeting with this workgroup.

The workgroup is looking to build mitigation funds for landlords to use to compensate expenses inquired by residents that can't afford the expense of the damage.

Upcoming Trainings/Events:

- Mental Health Awareness Day on May 19th in Todd County
- Child Protective Support dinner and speaker on April 20th in Todd County
- Child Abuse Multidisciplinary Team Professionals at Sourcewell on August 24th. Don't forget to take the survey.
- Spectrum of Decision Making on April 7th in Crow Wing County

Adjourn: 1:05pm

===== **Upcoming Meetings:** =====

The next AMHI Region V+ Executive Committee meeting will be held on Tuesday, May 2nd, 2023, from 9:00am-3:00pm.

===== **AGENDA and Meeting Location** =====

To add an item to the agenda or to address the committee during the discussion of an agenda item, please make prior arrangements with the Chair or Coordinator. The Public is invited to participate in the "Public Comment section" of the meeting.

Currently, all Executive Committee meetings are hybrid. Workgroup meetings will be virtual unless otherwise noted. Reach out to Danielle Wadsworth (danielle.wadsworth@sourcewell-mn.gov) for the link to connect. ALL meetings are open to the public.