

Region V+ Adult Mental Health Initiative
9:00 AM, Tuesday, November 7th, 2023

This meeting was held **hybrid**.

Executive Committee Meeting Minutes

Executive Committee Members Present:

In-person

Britne Haasch	Wadena County
Rebecca Person	Aitkin County
Rachel Zetah	Crow Wing County
Kathy Hallbeck	Consumer Representative, Aitkin County
Tami Lueck	Crow Wing County

Virtual

Cody Coyer	Cass County
Jeff Bowman	Morrison County

Others Present:

Destiny Tinnes	Regional Suicide Prevention Coordinator, Northern Pines
Nancy Euteneuer	Regional Mental Health Coordinator, Sourcewell
Alissa Erdrich	Senior Regional Licensing Specialist, Sourcewell
Danielle Wadsworth	Region V+ AMHI Coordinator, Sourcewell

Convene: 9:00am

Minutes of 10/3/23: Tami Lueck motioned to approve the meeting minutes from the October 3rd, 2023, Region V+ AMHI Executive Committee Meeting. Rebecca Person second the motion. All in favor, none opposed. No further discussion. Motion carried.

9:00 am- Public Comments: None.

Reports

▪ **Fiscal Host Report**

Tami provided the fiscal host report:

- Counties make sure to request your dollars if you haven't done so.
- May need to move some dollars to Safe Harbor-Crisis Residential.

▪ **Mental Health Federal Block Grant**

No further communication from DHS. Waiting to get approval from SAMSHA.

Danielle Wadsworth will keep the Executive Committee informed as more details are shared.

▪ **FMAP/CSP**

- Leech Lake Band of Ojibwe Tribal Nation Technology Request was approved.
- 2024 Budget Discussion:
 - We can look at a mini grant offer at the beginning of the year (January 2024).
 - Will need to figure out Sourcewell Host dollars coming from the AMHI grant vs HCBS-FMAP grant.

- Do we want to divide County specific funds based on population? (Danielle will work on a comparison for the 25-26 grant application)
- Let's look at ways to support Drop-in Centers.
- Danielle Wadsworth will pull the AMHI funding workgroup together to have a cleaned-up version of this for the December 5th, 2023, meeting.
- 2024 Contracts
 - ICTS: Nystroms requested a 3% rate increase. ARMHS rate has not changed. If we do an increase, we will offer an increase to all ICTS providers.
 - White Oaks: Approve bringing the \$4,200.00 rate increase request for client transportation and community building activities to the Region V+ AMHI Board Meeting on December 12th. Transportation dollars are currently coming out of Crow Wing County. This will help their already depleted transportation budget.
 - Northern Pines Crisis Residential: requesting a \$45,000.00 total dollar increase.
 - Northern Pines Crisis Services Grant/Hope Line: \$30,000 add contract language?
 - Northern Pines ACT: They use the full dollar amount with the intent being to use the dollars for uncompensated care and not toward other things. Is this a change we want to make for the next grant cycle? Danielle Wadsworth will request the total uncompensated care for this service to help plan for the budget. This will be acceptable or an itemized breakdown of how these dollars are being used.

Other Business:

- **Regional LAC Update**

- Holiday project:

- Kathy Hallbeck presented the idea to gift VISA gift cards to families/individuals in need. The Regional LAC would need to leverage County Case Managers to help disperse the gift card and the friendly card.
 - The County suggested steering away from gift cards and giving physical items instead.
 - Kathy Hallbeck and Danielle Wadsworth will present the idea of gifting boxes full of goodies and resources to the Regional LAC. It will provide an opportunity for the Regional LAC to get together and put the boxes together. The messaging for the card wasn't Holiday specific and could be distributed throughout the year. Some ideas of items to include in the box are below:
 - Card from the Regional LAC
 - 988 wallet cards, bracelets, and pens and high lighter.
 - Treats
 - Resource magnets, wallet cards...
 - We may want to rethink the audience and consider working with CRE Social workers, Case Managers, Drop-in-Centers, Safe Harbor, New Leaf, Law Enforcement-social workers.
 - Purchase had to be made via AMHI credit card by December 5th.

Can we prep a letter to County Board of Commissioners to report on gaps in region. Offer to report in-person. The letter should include language right out of the AMHI Grant.

Michelle from DHS, project planning director, specifically assigned to focus on LAC support. Kathy Hallbeck has offered to reach out to Michelle to see if we can get more information for our Regional LAC and LACs across the Region.

Cass County, Brian Buhmann or someone from Cody's department, could be assigned to attend. Their involvement was consistent and supportive in the past. It would be helpful to have this level of support from the County again.

▪ **Consumer Representative Application Update**

Add this to the Stakeholder Meeting Agenda. Danielle will reach out to the following:

- Mike Willie for the Case Manager Meeting
- Lighthouse Beginnings
- Jode Freyholtz-London

▪ **Mille Lacs Band of Ojibwe contact**

Danielle Wadsworth will meet with three individuals from Mille Lacs Band of Ojibwe on Wednesday, November 8th to explain the Region V+ AMHI, dollars available for them to use, and invite them to the table to help with collaboration and networking.

▪ **Housing Capacity Barrier workgroup recommendation**

The Housing Capacity Workgroup recommended distributing the allocated \$60,000 across counties in Housing Brass Code like how it currently is distributed. Britne Haasch shared this will work differently because we have providers at the table agreeing to use these funds to break down barriers commonly faced when trying to find housing.

Over this next year we will take note of moving companies in the region to see if we can formerly contract with an agency for the region and potentially put out an RFP.

An agenda item has been added to the November 13th workgroup meeting to determine the best route to bring awareness of these available dollars to other agencies.

We will keep the dollar cap similar to how the cap works for flex funds. Anything over \$1,000 will be brought forward to the Executive Committee for approval.

▪ **ASIST Training vs Safe TALK Training**

- ASIST Train the Trainer event taking place on November 16-17th. Cass County (1), Wadena (1), Crow Wing County (3), and Morrison (1) are participating.
- ASIST Training- set aside 40 hours of prep time. You need two trainers at a time.
- SafeTALK- there is only one trainer required.
- There are agencies that provide both trainings throughout the state.
- Executive Committee will regroup after the November ASIST Training and bring this to the December 5th meeting to provide a recommendation on which direction to take.

Could we consider paying for WRAP Trainings? This will be brought forward to the December 5th meeting as well.

▪ **Mini Grant update**

Artesian Homes, Lake Country Associates, MAHUBE-OTWA have submitted invoices for processing. Danielle Wadsworth will resend invoices to remaining providers.

All agreements have been signed.

▪ **Region V+ AMHI Stakeholder Agenda**

- Program/Service Presentation
 - Ask an additional question based on presenter in intro.

- **Region V+ AMHI Executive Committee meeting cadence**
The Executive Committee decided to keep the meeting cadence as is for now. Bylaws state County representation is required but doesn't state the title or individual that is required to be designated. If the current representative can't join on a regular basis, they are able to designate an alternative representative. This will be brought to the Region V+ AMHI Board Meeting with a reminder this is an active workgroup and there is a need for each County's voice at the table.
- **Severe weather protocol**
Region V+ AMHI Chair and Region V+ AMHI Coordinator will touch base the day prior to make a decision. Region V+ AMHI Coordinator can make a last-minute decision morning of as well.

Standing Business:

- **ICTS**
- **Supportive Housing: white oaks Has 1 opening**
- **Survey: Danielle will resend the survey out to the Stakeholders and Regional LAC.**
- **CBHH involvement**
- **DHS involvement**
- **Onboarding/orientation presentation: Send invite for January to host orientation for interested members of the Executive Committee.**

Workgroup Reports:

- **Website & Mental Health Media Campaign-** Danielle, Jeff, Melissa, Kathy, Tami, Rebecca, Kim
Workgroup met on November 6th and determined seasonal media campaign will use similar ads as previous years. Danielle sent an email communication to Strateligent to initiate this work.

There are additional dollars to spend for communication regarding the crisis services. We will want to pull Rick Jackson in a meeting with Strateligent to help put together appropriate ads along with a representative from children's mental health initiative. Try aligning with the next 988 workgroup meeting or shortly after.
- **Performance measures/goals-** Tami, Danielle, Rebecca
Workgroup met October 24th. Reminder was sent to providers to complete their surveys for the year. Some clarification was asked of Northern Pines and still waiting to hear back to get corrected measures.
- **Transition Specialist-** Kim, Britne, Tami (Mike Willie)
Mike presented at MACCSA and Crow Wing County Board. Both were well received. Otter Tail County is getting a Regional Transition Specialist.
- **Comprehensive Re-entry-** Tami, Jeff, Rachel, Rebecca, Britne
Bi-annual meeting taking place November 28th at the Crow Wing County Jail.
- **Regional Mental Health Coordinator-** Rachel, Rebecca, Kim, Kathy, Britne, Danielle (Nancy Euteneuer)
Region V+ AMHI Chair will send a message to Charitie Herbst to see direction of the advisory group and see if it is still necessary.

- **Region V+ Crisis Service Collaboration:** Britne, Rebecca, Cody, Jeff, Kathy, Danielle
Bringing dispatch center representatives to the table with a plan in place. This will be a goal for 2024. A new name was selected for the workgroup to better define the involvement of participants at the table.

County Representatives will meet to redefine the goals of this workgroup November 17th.

- **Peer Support:** Cody, Kathy, Britne, Tami, Danielle
Content was submitted to Strateligent on November 6th.
Survey for Peers to take will be dispersed by December 5th at the Stakeholder Meeting to spread the word about the potential interest and barriers of this training.
- **Housing Capacity Barriers:** Britne, Rachel, Kathy, Danielle
Nothing further to present.
- **AMHI Funding:** Britne, Jeff, Tami, Kathy, Danielle
Danielle Wadsworth will send an invite for November 17th at 1pm to discuss 2024 budget.

Upcoming Trainings/Events:

Disability Partners: November 17th training about social security will need to be rescheduled.

Adjourn: Tami Lueck made a motion to adjourn the meeting at 2:40pm. Rebecca Person second the motion. All in favor. None opposed. No further discussion. Motion carried.

===== **Upcoming Meetings:** =====

The next AMHI Region V+ Executive Committee meeting will be held on Tuesday, December 5th, 2023, from 9:00am-3:00pm.

===== **AGENDA and Meeting Location** =====

To add an item to the agenda or to address the committee during the discussion of an agenda item, please make prior arrangements with the Chair or Coordinator. The Public is invited to participate in the "Public Comment section" of the meeting.

Currently, all Executive Committee meetings are hybrid. Workgroup meetings will be virtual unless otherwise noted. Reach out to Danielle Wadsworth (danielle.wadsworth@sourcewell-mn.gov) for the link to connect. ALL meetings are open to the public.