

Region V+ Adult Mental Health Initiative
9:00 AM, Tuesday, December 6th, 2022

This meeting was held **hybrid**. Attendees joined virtually via Webex and in-person at Sourcewell in Conference Room 3.

Executive Committee Meeting

Executive Committee Members Present:

In-person:

Jeff Bowman

Kim Larson

Rebecca Person

Nathan Bertram

Kathy Hallbeck

Britne Haasch

Virtual:

Melissa George-Humphrey

Nichole Shoultz

Others Present:

Danielle Wadsworth Sourcewell, AMHI Coordinator

Convene: 9:15am

Minutes of 11/1/22: Kim Larson motions to approve the minutes from the Region V+ AMHI November 1st, 2022 meeting. Nathan Bertram seconds the motion. No further discussion. All in favor, none opposed. Motion carried.

9:00 am- Public Comments:

Regional LAC Meeting Update: November 17th meeting had low attendance. Looking forward to having a Zoom link for individuals to attend virtually.

Rivers and Lakes Suicide Prevention Coalition and CAPS. How can we work together and not separately.

Reports

▪ **Fiscal Host Report/Budget**

Crow Wing County will be reallocating dollars. If there are other Counties that need dollars reallocated, please let Tami Lueck know soon.

Ideas on how to spend \$26,000 in Innovative Projects

Horizon Health will no longer be receiving mini grant dollars initially awarded. They could provide an itemized invoice before the end of the year.

Marie Ridgeway Training is \$6,000.00. Will need to move dollars from Innovative Projects to Brass Code #402.

Nystroms is sending monthly ICTS invoices and Tami is reaching out to all providers to have their final invoices sent before the end of the year.

Regional LAC Zoom Account will be built and postcards are ready to be printed out. Total cost will be \$600.00.

Danielle will reach out to Strateligent to get final invoices submitted for the Holiday Media Campaign.

▪ **2023 Contract Budget (See attached contract Grid):**

Danielle Wadsworth will work with Tami to finalize the contract grid before the Directors Meeting on December 13th.

10:00am-12:00pm Stakeholder Group Meeting

Jeff Bowman welcomed 24 attendees to the Stakeholder Group Meeting. There was an opportunity to share what each attendee is looking forward to in 2023. Refer to the Stakeholder Meeting Minutes for a more detailed report.

12:30-1:00pm Imagine Mental Health Counseling- Shari Phillips

Shari Phillips joined us to present updates on her program. This project's primary focus is to figure out how to holistically address individuals challenged with trauma and the effects it has with mental illness. This involves a connective collaboration. She has been asking lots of questions. This is what they found:

- Need a Safety connection in a holistic approach
- 80% of individuals worked with have trauma
- A lot of resistance from Providers to look at a different lens
- There's power struggle
- Buy- in
- Restraints against protocols and time constraints
- Who does what? Who's role is this?
- General lack of knowledge of how trauma works
- Providers experiencing trauma themselves
- Lack of training
- Complacency
- Challenges with leadership
- Challenge with handoffs between providers
- Provider burnout

Where are they now? Still want to gather more data. Then break down into smaller groups to initiate collective collaboration. Then tailor the consultation that meets the needs for each group.

Other Business:

▪ **Refractions IRTS facility update**

Still waiting for an opening date. Still waiting on the referral form.

▪ **Northern Pines TCM Contract dollars**

Danielle Wadsworth will work with Tami Lueck on how to reallocate these dollars.

▪ **Director's Meeting Agenda**

There were a few updates provided. We will send the Contract Grid and 2023 Budget once ready.

Standing Business:

- **ICTS:** Danielle Wadsworth will follow up with Nystroms to see what they are requesting from the State for the ARMS Rate. We will hold off on any ICTS increases until we know and better understand what the State rate will be.
- **Supportive Housing:** White Oaks has six openings. Aitkin is working with Oakridge to see if there are available beds to reallocate and open. More to come. Burgstaler Board and Lodge was purchased by Lakes Recovery. Margaret Stone is the contact for the new ownership.
- **Survey:** Surveys sent to Stakeholder Group and Region V+ AMHI on Monday, December 5th. Danielle Wadsworth will send to Regional LACs & Rivers and Lakes Suicide Prevention Coalition, CAPS, Crow Wing County Energize. Kathy Hallbeck would like permission to bring surveys with her to visit the Clubhouses. Present the survey results at the January 3rd meeting. Danielle Wadsworth will work on updating the CRE Survey and sending it to the Executive Committee.

Workgroup Reports:

- **Website & Mental Health Media Campaign-** Danielle, Jeff, Melissa, Kathy, Tami, Rebecca, Michael

Aitkin, Wadena, Morrison, and Todd County do not have ads on their local stations. Danielle will reach out to Strateligent to see if this would be possible.

There are a few links broken on the website that have been brought to Strateligents awareness. Working with Sourcewell's Marketing Team and Strateligent to correct these.

Performance measures/goals- Tami, Danielle, Rebecca

Meeting to review Provider Q3 Performance Measures is on December 15th, 2022.

- **Transition Specialist-** Michael, Britne, Tami
No updates.
- **Comprehensive Re-entry-** Tami, Jeff, Nathan, Rebecca, Britne
Danielle Wadsworth will put together a survey for distribution. There is an opening at Morrison County and Crow Wing County for CRE social worker.
- **Acute Care and IRTS Services/Inpatient Capacity Building & Hospital Collaboration-** Nathan, Rebecca, Michael, Kathy, Britne, Danielle
This is on hold until the Regional Mental Health Coordinator position is filled.

Danielle Wadsworth will schedule a Crisis Committee Meeting.

- **988 Rollout:** Britne, Rebecca, Jeff, Kathy, Danielle
Canceled the November 2022 meeting due to lack of attendance. December meeting will be canceled due to Holiday schedule. This workgroup meeting will reconvene in January.
- **Peer Support:** Cody, Nichole, Kathy, Britne, Tami, Danielle, and Julie
Meeting on Monday, December 12th to discuss potential trainings for 2023 and funding these trainings. Will determine a plan to present at the Board of Directors Meeting. Kathy will reach out to Jode prior to the December 12th meeting to bring in some ideas for the workgroup.

Upcoming Trainings/Events:

Nothing to update.

Adjourn: 1:45pm

===== **Upcoming Meetings:** =====

The next AMHI Region V+ Executive Committee meeting will be held on Tuesday, January 3rd, 2023, from 9:00am-3:00pm.

===== **AGENDA and Meeting Location** =====

To add an item to the agenda or to address the committee during the discussion of an agenda item, please make prior arrangements with the Chair or Coordinator. The Public is invited to participate in the "Public Comment section" of the meeting.

Currently, all Executive Committee meetings are hybrid. Workgroup meetings will be virtual unless otherwise noted. Reach out to Danielle Wadsworth (danielle.wadsworth@sourcewell-mn.gov) for the link to connect. ALL meetings are open to the public.