

Region V+ Adult Mental Health Initiative
9:00 AM, Tuesday, January 10th, 2023

This meeting was **hybrid**.

Executive Committee Meeting

Executive Committee Members Present:

In-person:

Britne Haasch	Wadena County
Jeff Bowman	Morrison County
Michael Steinbeisser	Todd County
Rebecca Person	Aitkin County

Virtual:

Tami Lueck	Crow Wing County
Nathan Bertram	Crow Wing County
Kathy Hallbeck	Consumer Representative, Aitkin County
Cody Coyer	Cass County
Melissa George-Humphrey	Leech Lake Band of Ojibwe Tribal Nation
Nichole Shoultz	Consumer Representative, Todd County

Others Present:

Danielle Wadsworth	Sourcewell, AMHI Coordinator
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Convene: 9:00am

Minutes of 12/6/22:

Rebecca Person makes a motion to approve the minutes from the December 6th Executive Committee meeting. Jeff Bowman seconds the motion. No further discussion. All in favor. None opposed. Motion carried.

9:00 am- Public Comments:

- **Brainerd HRA:** There has been difficulty in getting a hold of the Brainerd HRA. Danielle Wadsworth will reach out to Carrie Burrell to ask how the Brainerd HRA are meeting with individuals and what is the best way to get a hold of someone at Brainerd HRA. Danielle will follow up with Tami Lueck and Kathy Hallbeck.
- **Probation Officers:** Regional LAC reported when individuals are on parole, parole officers don't have resources accessible to them to share. Parole officers are interested in gaining access to this. The Executive Committee provided some opportunities for outreach and areas to gain these resources.
- **Regional LAC:**
 - Meeting every other month.
 - Working on bylaws
 - Meeting minutes have been found
 - AMHI will move forward with getting Zoom account set up
 - Danielle Wadsworth will make sure this is included on the agendas moving forward.

Reports

- **Fiscal Host Report**- Tami Lueck provided an update on the 2022 Budget.
 - Peer support: dollars were not spent as intended
 - Crisis stabilization: Safe Harbor was over but New Leaf was under
 - Housing: We hit almost 100%
 - Basic Living: will need a few adjustments on the report but everything was covered
 - Emergency: We will want to separate the mini grant for Crisis Line
 - Refractions: They did end up going over a bit, but Lifelong Recovery was not able to spend their dollars in 2022 and will be returning \$10,000
- **2023 Budget**
Tami Lueck provided an update on the 2023 budget. Changes include:
 - LAC: \$1,000
 - Peer Support: Let's tackle this early so we can stay on top of it. Workgroup meeting to come up with a plan.
 - Safe Harbor: Has increased to assist in budgeting for consistent dollars spent over the last grant cycle.
 - ACT: Remains the same, but we will want to look into the usage of these dollars and if a change is necessary.
 - Hope housing: considering a reduction in amount
 - Nystroms: We didn't increase but may be something to consider
 - Flex Funds: LAC Stipend has been adjusted to provide a stipend for those that attend and not limit to only 2 individuals per county
 - Targeted Case Management: There is still dollars found here to support Counties in funding this resource
 - Future Projects: 1.0 FTE Region V+ AMHI Coordinator position and dollars to extend to Northern Pines for their new Urgent Care project.

If there are dollars for your county that need to be adjusted, please let Tami Lueck know when you can.

11:00am-11:45am Regional Transition Specialist Update-Mike Willie

2022 case load was a little less than total case load in 2021. This is likely because Mike will hang on to individuals if there isn't a good fit. The alternative can cause for individuals returning for referrals if their location isn't working. Current case load is 36 which is consistent and manageable based on the current location of individuals.

DNMC days could climb but is currently at 91.

Workgroup will brainstorm ideas of how to solve for "frequent flyers".

AMH Case Managers Meeting: Provider discussion and case discussion. Social Services is getting cases that involve parole which seems to be a consistent norm. Did some process mapping for commitments.

Other Business:

- **Refractions IRTS facility update**
 - Open and there are 5 of 6 individuals utilizing this home
 - Aitkin County was able to report the process for admission went well
 - Danielle Wadsworth will reach out to the Refractions and the workgroup to put together a meeting to discuss:

- Budget needs for 2023/2024
 - How are things going
- **2022 Survey Reports**
Danielle Wadsworth reported the 2022 Survey results
- **Stakeholder Meeting**
Information sharing amongst providers and sharing of meeting minutes with their teams
Region V+ AMHI Survey link for 2023
- **2023 Contract status**
All ten 2023 contracts have been sent and three have been returned fully completed.
- **Initiative Foundation & R5DC: Regional Transportation Coordination Council (RTCC)**
Danielle Wadsworth will reach out to Cheryal Hills to set up a meeting to learn more about this project and see if there is a way to collaborate with Region V+ AMHI.
- **Consumer Representative Application:**
Julie Lambert resigned her Consumer Representative position. Danielle Wadsworth will have an application sent to Stakeholders and Executive Committee with a deadline of March 3rd with review of applications taking place March 7th.

Standing Business:

- **ICTS**
- **Supportive Housing**
 - Work with Lutheran Social Services and HOPE housing to see the use of the dollars and if their contract needs to change for 2024. Nathan Bertram and Michael Steinbeisser will work through this.
 - Wadena County leverages MAHUBE first and could leverage HOPE Housing second
 - White Oaks has openings and are taking referrals
 - Burgstaler Board and Lodge in Crow Wing County has been purchased by Lakes Recovery and will be transitioning to a Community Setting providing housing for women with substance abuse.
- **Survey**
 - Brainstorming ideas: 2023 timeline- share with County Fairs, share with Counties for Mental Health Awareness events in May, take it to Drop-in Centers and Regional LACs
 - Danielle will add this to the agenda for the Stakeholder Meetings and push an email with a link and QR code.
 - Could Jode Freyholtz-London include a link on Wellness in the Woods for Consumers? Could we add an option that if the consumer is out of our Region V+ Counties/Tribal Nations, could we have a thank you message?
 - Change question 4 for Provider Survey so that we don't include their own experience but keep the question based on the Consumers and Clients they work with.
 - Reach out to Strateligent to help us with an ad on Facebook for a May campaign.

Workgroup Reports:

- **Website & Mental Health Media Campaign-** Danielle, Jeff, Melissa, Kathy, Tami, Rebecca, Michael

Kathy mentioned hearing the radio ads and posts on Facebook. Danielle Wadsworth will reach out to Strateligent to see if there are any reports on the Holiday Mental Health Media Campaign.

- **Performance measures/goals-** Tami, Danielle, Rebecca
Due to capacity restraints, this meeting is rescheduled. Danielle Wadsworth will reschedule this meeting and invite Nathan Bertram.
- **Transition Specialist-** Michael, Britne, Tami
Nothing further to report.
- **Comprehensive Re-entry-** Tami, Jeff, Nathan, Rebecca, Britne
Danielle Wadsworth will work on surveys to gain an understanding of how the program is going.

2022-year end report will be ready at the end of January 2023.

The workgroup will meet with CRE Team bi-annually. The next meeting will take place in the Spring. Britne Haasch will work with Stacey at Wadena County to find out who is coordinating these meetings to schedule this time with the workgroup.

- **Acute Care and IRTS Services/Inpatient Capacity Building & Hospital Collaboration:** Nathan, Michael, Kathy, Britne, Danielle
Are there lower hanging fruits we could tackle regarding inpatient bed capacity and solve for a head of the Regional Mental Health Coordinator?

Danielle Wadsworth will schedule a time to bring workgroup together to focus on Inpatient Bed Capacity Building. This will be a planning meeting and the workgroup will work on a project charter.

- **988 Rollout:** Britne, Rebecca, Jeff, Kathy, Danielle
Workgroup didn't meet in December. The next meeting is scheduled for January 23rd.
- **Peer Support:** Cody, Nichole, Kathy, Britne, Tami, Danielle
The Executive Committee Brainstormed some ideas of how to leverage these dollars. Ideas include training, assist in paying Bert through WITW to work with each county in the jails, or having a peer intake position at the County and not at the jail, breaking down the Peer Support dollars by County could also provide an opportunity to establish a Peer Support in each Club House. Tami Lueck will work through the \$40,000 and break it up by County.

Danielle Wadsworth will schedule a time for the workgroup to continue this discussion and bring back a recommendation.

Kathy Hallbeck did reach out to RI and didn't hear back. Tami Lueck will work with Kathy Hallbeck to reach out to RI. Jode and Aitkin County have individuals interested. We will hold off on scheduling this and reaching out until we have a training in place.

Upcoming Trainings/Events:

Nothing to report

Additional comments and discussion items:

Danielle Wadsworth will work to schedule a time for Crisis Grant meeting with the start of the year focusing on the dollars awarded for this work.

Danielle will reach out to Crissy Wade at Mille Lacs Band of Ojibwe Tribal Nation to see if she has a recommendation to offer someone to attend these meetings on behalf of Mille Lacs Band of Ojibwe Tribal Nation.

Adjourn: Michael Steinbeisser made a motion to approve the meeting to adjourn at 11:35am. Rebecca Person seconds the motion. No further discussion. All in favor. None opposed. Motion carried.

===== **Upcoming Meetings:** =====

The next AMHI Region V+ Executive Committee meeting will be held on Tuesday, February 7th, 2023, from 9:00am-3:00pm.

===== **AGENDA and Meeting Location** =====

To add an item to the agenda or to address the committee during the discussion of an agenda item, please make prior arrangements with the Chair or Coordinator. The Public is invited to participate in the "Public Comment section" of the meeting.

Currently, all Executive Committee meetings are hybrid. Workgroup meetings will be virtual unless otherwise noted. Reach out to Danielle Wadsworth (danielle.wadsworth@sourcewell-mn.gov) for the link to connect. ALL meetings are open to the public.