

Region V + Adult Mental Health Initiative Stakeholder Group

10:00 AM, Tuesday, June 7th, 2022

This meeting was held virtually via Webex.

Stakeholder Meeting

Jeff Bowman welcomed all Stakeholders to the meeting and asked each individual to introduce themselves, the entity they work for, and an update on how things are going.

Alex Dominguez, Northern Pines (ARMHS): Referrals are open with no wait list. Offering in-person and telehealth options. Drop-in Centers are open in Brainerd and Staples.

Angella Cekalla, MSHS Brainerd (IRTS): waitlist is short. Prioritize committed clients but do accept voluntary referrals.

Annastasia Ramig, Telehealth options available and providing therapy groups for LGBTQ+ for adolescents and adults.

Britne Haasch, Wadena County: Community Support Technician position working to fill and gearing up for SUD change/reform.

Carrie Burrell, Brainerd HRA: Applications are on website, Section 8 program are increasing payment standards, and Bridges has a little bit of a waitlist.

Danielle Jeffrey, BluePlus: Reminder to reach out to BluePlus if there are challenges with insurance and additional support for resources.

Duffy Craft, Artesian Homes: Looking for Operations Manager, please share with anyone interested. Information can be found on the Artesian Homes website.

Eleanor Burkett, Central MN Council on Aging: Providing aging resources for organizations to help individuals live in their homes and communities. Currently passing out Jode Freyholtz-London Wellness in the Woods cards, for a champions training on June 23rd for dementia. July 13th training session, an aging in wellness advocates session at the caregiver capacity to discuss meeting up with individuals that may have memory loss, but not diagnosed.

Jeff Bowman, Morrison County: Jail social worker working to hire and getting ready for SUD reform.

Jode Freyholtz-London, Wellness in the Woods: Work with Regional LAC to provide door hangers (see above). Wellness in the Woods is expanding work to Mental Health and Substance Use and working as a recovery community. Dollars from DHS has helped expand work with RCO. VPSN (Virtual Peer Support Network) is planning to expand sessions.

Website: www.mnwitw.org

Kaytlin Becker, ARMHSICTS Nystrom and Associates: Waitlist is the lowest it has been. Majority of services offered in person but still doing telehealth if consumers are requesting it. Looking for a Peer Support Specialist.

Kevin Edwards Northern Pines ACT: 15th year with this program. There is room if you have a referral.

Kim Larson, Aitkin County: Adult Services case aid position open. If you know of anyone, please connect with Kim. Working on treatment care coordination with Comp assessments.

Kim Schaeffbauer, Northern Pines: New SU Treatment Director. Co-occurring program is up and running.

Kori, LSS Brainerd: Not a lot to report. This is day 4 in new role.

Leon Flack, UCare: focused on care coordinators and care managers. Hire a housing specialist, looking to hire 2 housing specialists.

Mary Marana, Crisis Line and Referral Service: No waitlist, call any time. Crisis line has come to a lull. Fully staff, Apartment complexes door hangers that show if people are okay.

Melissa George-Humphrey, Leech Lake Band of Ojibwe: Not fully staffed. Hiring for ARMHS, TCM, MH professionals & practitioners, crisis response team needs additional staff. Mass mailing to licensing board to 4 county region that outlines all open positions and directing individuals to the website. Cultural Training last Wednesday and blanket ceremonies for 6 individuals.

Michael Steinbeisser, Todd County: New jail social worker is getting acclimated with the team, children services supervisor position will be opening.

Michelle Winter, Northern Pines ACT: No updates.

Nathan Bertram, Crow Wing County: 2023 budget planning, ARPA position (law enforcement liaison) has started and following up with ICRs and reaching out. WRAP planning and Peer recovery in the jails. Fully staffed at the moment.

Nichole Shultz: New consumer rep from Todd County

Northern Pines Safe Harbor, Nikki Rikki and Christiann: Send referrals, have openings in crisis beds. Fully staffed.

Rachel Beck, ARPA Crow Wing County: new position enrolled.

Rick Jackson, Northern Pines MCO: Staff attending alongside EMTs and Law Enforcement at Lakes Jam.

Rose Surma, OASIS: Case manager position open currently. Information collecting from Housing Support Providers and individuals with lived experiences to tell a story on how things are going in Rural MN. Food and Security Roundtable is tomorrow (6.8.22).

Sean McMoore, Ellie Mental Health: starting nonprofit working with students interested in getting into the Mental Health field by providing scholarships and sponsorships for families that can't afford Mental Health services. Finishing up the complex family systems application with frontlinepay.mn.gov

Nonprofit link: www.lucabos.org

Shawn Anderson, Lake County Associates: out-patient offices have openings, ARMHS program accepting referrals.

Tami Lueck, Crow Wing County: We are able to provide treatment care coordination and comp assessments. Active with ARPA dollars with programs being set up.

Tammey Stacey, Cass County: 2 adult mental health case manager positions open, getting ready for SUD implementation.

Nathan Bertram led a discussion around reimplementing continuum of care workgroups. See below:

- Website Mapping (GIS Map)
- Increase capacity (overall capacity for housing in region)
- Housing stabilization model (prior to legislation stabilization services- support from Metro, can we get this service here)
- Emergency housing with case management (Emergency sheltering and getting those individuals connected to case management)

Nathan began by asking via Menti, Is Housing an area that the MHI and Regional Stakeholders should be focusing on right now?

9 said yes, 2 said no

Second question: Do we have the right players and agencies to make the changes we need to make? If not who do we need to get on board:

- **Duffy Craft (Artesian Homes): individuals leaving AFC into their own place with IHS supports are unable to find housing.**
- **Senior Linkage Line can provide resources for seniors, disable and veterans on housing**

Third Question: Where is more work needed in housing for individuals with MH diagnosis? Or, what seems most critical?

- **Clients MH diagnosis and criminal background- there is a need for this in our area**
- **Job availability/accessibility**

Should we reconsider the categories:

- How about landlord support- landlords selling properties and are being flipped to single-family homes
- Kim Larson suggested revisiting categories and make adjustments
- Bring forward innovative ideas with this topic

Tami Lueck presented the new formula for AMHI Grant Funding will not cause for a significant change in funding. It is exciting to share AMHIs are no longer considered a pilot and will be considered an infrastructure. Also, will be able to include funding for SPI and SMI.

===== **Upcoming Meetings:** =====

The next AMHI Region V+ Stakeholder Meeting will be held on Tuesday, August 30th, 2022. Time and location (in-person or virtual) to be determined.