

Region V+ Adult Mental Health Initiative
9:00 AM, Tuesday, February 1st, 2022

This meeting will be held virtually via Microsoft Teams.

Executive Committee Meeting

Executive Committee Members Present:

Tammey Stacey	Cass County
Jeff Bowman	Morrison County
Julie Lambert	Consumer Representative- Morrison County
Michael Steinbeisser	Todd County
Tami Lueck	Crow Wing County
Kathy Hallbeck	Consumer Representative-Aitkin County
Nathan Bertram	Crow Wing County
Britne Haasch	Wadena County
Kim Larson	Aitkin County

Others Present:

Brooke Kolstad	Wadena County- Intern
Danielle Wadsworth	Sourcewell, Program Coordinator

Convene: 9:03am

Minutes of 1/4/22: Tami Lueck made a motion to approve the January 4th, 2022, Region V+ AMHI Executive Committee Meeting minutes. Michael Steinbeisser seconds the motion. No further discussion. All in favor, none opposed. Motion carried.

9:00 am- Public Comments: None

Reports

▪ **Fiscal Host Report**

Tami Lueck presented the January 2022 AMHI Fiscal report. Below is a list of providers that had invoices carried over to the 2022 fiscal year and is reflected in the January fiscal report.

- Wellness in the Woods
- Nystrom & Associates
- Refractions
- Northern Pines Mental Health Center

The innovative projects budget is at \$141,258.00. Program Coordinator and Regional Transition Specialist have been paid for the 2022 year. Insurance (MCIT) has been paid. Regional LAC allocation wasn't carried over but has \$900.00 available for the 2022 fiscal year. Counties are asked to double check dollars allocated to them. If they are correct, they can begin requesting these dollars.

Other Business:

▪ **Moving Services dollars**

Each county reported their current need for moving services along with alternative resources utilized.

- Crow Wing County has used flex dollars for U-Haul and worked with MN Teen

Challenge

- Morrison County has not experienced a significant need for this service
- Todd County hasn't experienced a significant need but leverages STS
- Wadena County hasn't experienced a significant need but leverages STS
- Aitkin County has leveraged a service called "Whatever it Takes" based out of Itasca.
- Cass County hasn't experienced a significant need for this service.

The Executive Committee decided to remove this from the agenda moving forward.

▪ **Wellness in the Woods-December Invoice**

Wellness in the Woods submitted their December invoice late and will be reflected in their 2022 budget.

Kim Larson makes a motion to re-evaluate the funds allocated to Wellness in the Woods in June 2022. Michael Steinbeisser seconds the motion. No further discussion. All in favor. None opposed. Motion carried.

▪ **Refractions IRTS facility update**

The workgroup will be touring the facility in-person on February 24th, 2022. Refractions is still projecting an opening date 1-4 months out. Once Refractions is ready and able to start accepting individuals, they will meet with law enforcement, corrections, and the nearby hospital.

▪ **Consumer Representative application**

There were no applications submitted by the deadline. There is an individual that has recently shown interest but didn't have time to turn in the application.

Kim Larson made a motion to extend the Consumer Representative Application deadline to February 24, 2022. Tami Lueck seconds the motion. No further discussion. All in favor. None opposed. Motion carried.

Danielle Wadsworth will resend the application and add the application to the Region V+ AMHI website.

▪ **2022 Budget review/approval**

Michael Steinbeisser motions to approve 2022 budget. Tammey Stacey seconds the motion. No further discussion. All in favor. None opposed. Motion carried.

▪ **Northern Pines Update-Danielle Wadsworth**

Danielle Wadsworth met with Northern Pines to walk through a few contractual changes. They did have some questions to bring to the Executive Committee stated below with responses:

Northern Pines would like feedback regarding their services, specifically ICTS services, compared to other Providers giving this service

The Executive Committee determined they will provide feedback using results-based accountability and keep the information data driven. Nathan Bertram can put together a dashboard that could support this work and make it easier for the Executive Committee and Providers to see a comparison. This could mean altering the way the Performance Measures are currently laid out in Excel. Nathan will be invited to the next Performance Measure Meeting to help with this work.

It also could be helpful for Northern Pines to meet with Case Managers and attend a CRE Meeting to reintroduce their program and processes.

Northern Pines shared their Peer Support Specialists are quickly moving to a higher role in the clinic because of the hours they quickly accumulate in the Peer Support Specialist Role.

Region V+ responded with finding a way to support/encourage this transition to gain more interest in the Peer Support Specialist position.

Northern Pine would like to meet again in May to talk through performance measures and budget.

Danielle Wadsworth will reach out to Northern Pines to see if they would prefer to meet with a smaller group including Crow Wing County representative, Cass County representative, Kathy Hallbeck, and Danielle Wadsworth or the Executive Committee at the May Region V+ AMHI Executive Committee Meeting.

▪ **Stakeholder Meeting Agenda- March 1st**

The Executive Committee will pull together the Mental Health Continuum of Care groups and provide an opportunity to for Stakeholders to provide some feedback. This could include updating the identified gaps and workgroups. There will be a deadline of June 2022 to determine how to move forward. This will provide time to plan for dollar allocations for the new grant cycle.

▪ **Cre Larson, First Call- March 1st Meeting**

Cre Larson will join the Executive Committee at the next meeting. She will provide a brief overview of the current processes in place regarding the NSPL and how this will change with the 988 Rollout. Below are some questions the Executive Committee determined would be to have answered to best understand this transition and provide the support necessary.

- How are the National Suicide Prevention Line and local Crisis Line going to work together?
- Do we need to increase capacity in certain areas?
- Are we considering the life cycle of the Pandemic with this transition?

Tami Lueck was at a MAACSA Meeting and the work we are doing right now to prepare for this transition is moving in the right direction. Tami Lueck will send the Executive Committee a copy of the presentation given regarding the 988 Rollout.

We will ask Cre Larson or a representative from First Call to attend Crisis Grant Meeting to provide support in the relationship between First Call, Crisis Line, MCO.

▪ **Greater State of Mind- Regional program coordinator**

Tami Lueck and Charitie Herbst, Sourcewell Community Solutions Manager, are putting together a Job Description. It was determined this role will support both children and adult mental health gaps. There is a public grant application in process for the Region to support the financial portion of this new role for the short term. We will need County support and AMHI support to continue supporting this role financially.

Crow Wing County has been in discussion with commissioners on investing in this work by supporting this role. By giving the example of how many dollars have been saved with the Transition Specialist, the commissioners seem to be in agreement this type of investment is beneficial for the future of mental health in our region.

This topic will remain on the agenda to keep the Region V+ AMHI Executive Committee updated on progress or support necessary to move this forward.

Workgroup Reports:

- **Website-** Danielle, Tammey, Jeff, Melissa
Danielle Wadsworth shared the estimated proposal from Strateligent. This was sent to the Region V+ AMHI Executive Committee on Monday, January 31st.

Strateligent focused on setting a purpose and goals for the website by soliciting feedback from both Region V+ AMHI and website users. The Executive Committee would like to invite Strategigent to the Stakeholder Group Meeting on March 1st and schedule a time to meet with Wellness in the Woods Virtual Peer Support Network.

The workgroup would like to set up a meeting prior to the Stakeholder Group Meeting. Danielle will locate the agreement with Meta13 prior to the meeting.

- **Supportive Housing-** Nathan, Michael, Tammey, Danielle
The workgroup met on January 31st to walk through the application currently in place. There is a section of the application that states the County process after the application is turned in. The workgroup asked if there is a representative from each county that could be present for the next meeting to share their ideas and feedback on a potential process.

Kim Larson, Britne Haasch, and Jeff Bowman are interested in joining the next meeting. Look for a doodle poll sent from Danielle Wadsworth to set a time and date.

Further down the road it would be a good idea to include county fiscal supervisors to share their feedback and recommendations.

- **Survey-** Michael, Danielle, Nathan, Kathy
Workgroup is still determining a time that works to meet. Please respond to the doodle poll that was sent.
- **Performance measures/goals-** Tami, Kim, Danielle
Danielle Wadsworth will send a doodle poll for the next meeting to review Q4 Performance Measures and Goals. Nathan Bertram will be invited to this meeting to gain perspective for a potential dashboard build.
- **Uninsured Case Management/CCBHC-** Tami, Kim, Danielle
Nothing to update.
- **Moving Services-** Nathan, Michael
No further updates.
- **Transition Specialist-** Michael, Britne, Tami
The workgroup met with Mike Willie the week prior to the Executive Committee Meeting. There is nothing further to update.
- **Comprehensive Re-entry-** Tami, Jeff, Nathan, Kim
Workgroup hasn't met but each county shared their experiences and current status of this service.

- **Community Education-** Danielle, Jeff, Britne, Melissa
Jeff Bowman shared the scheduled Commitment Neuroleptic Training originally taking place on February 15th will be postponed.
- **Acute Care and IRTS Services/Inpatient Capacity Building** - Nathan, Kim, Michael, Kathy, Danielle
Nothing to update.
- **ICTS-** Nathan, Michael, Tammey
Nothing to update.
- **Hospital Collaboration-** Kathy, Nathan, Danielle, Tammey, Britne
This workgroup will be tabled to re-evaluate a time to get together this summer.
- **Mental Health Media Campaign-** Tami, Kim, Kathy, Michael, and Danielle
Danielle Wadsworth received the final report from Strateligent for the Holiday Campaign. See attachment for details.

FYI-Upcoming Trainings/Events:

March 1st, 2022 Region V+ AMHI Executive Committee and Stakeholder Meeting will be held virtually via Webex.

Adjourn: 12:20pm

===== **Upcoming Meetings:** =====

The next AMHI Region V+ Executive Committee meeting will be held on Tuesday, March 1st, 2022 from 9:00am-3:00pm.

===== **AGENDA and Meeting Location** =====

To add an item to the agenda or to address the committee during the discussion of an agenda item, please make prior arrangements with the Chair or Coordinator. The Public is invited to participate in the "Public Comment section" of the meeting.

Currently, all Executive Committee and workgroup meetings are being held virtually via Microsoft Teams or Webex. Reach out to Danielle Wadsworth (danielle.wadsworth@sourcewell-mn.gov) for the link to connect. ALL meetings are open to the public.